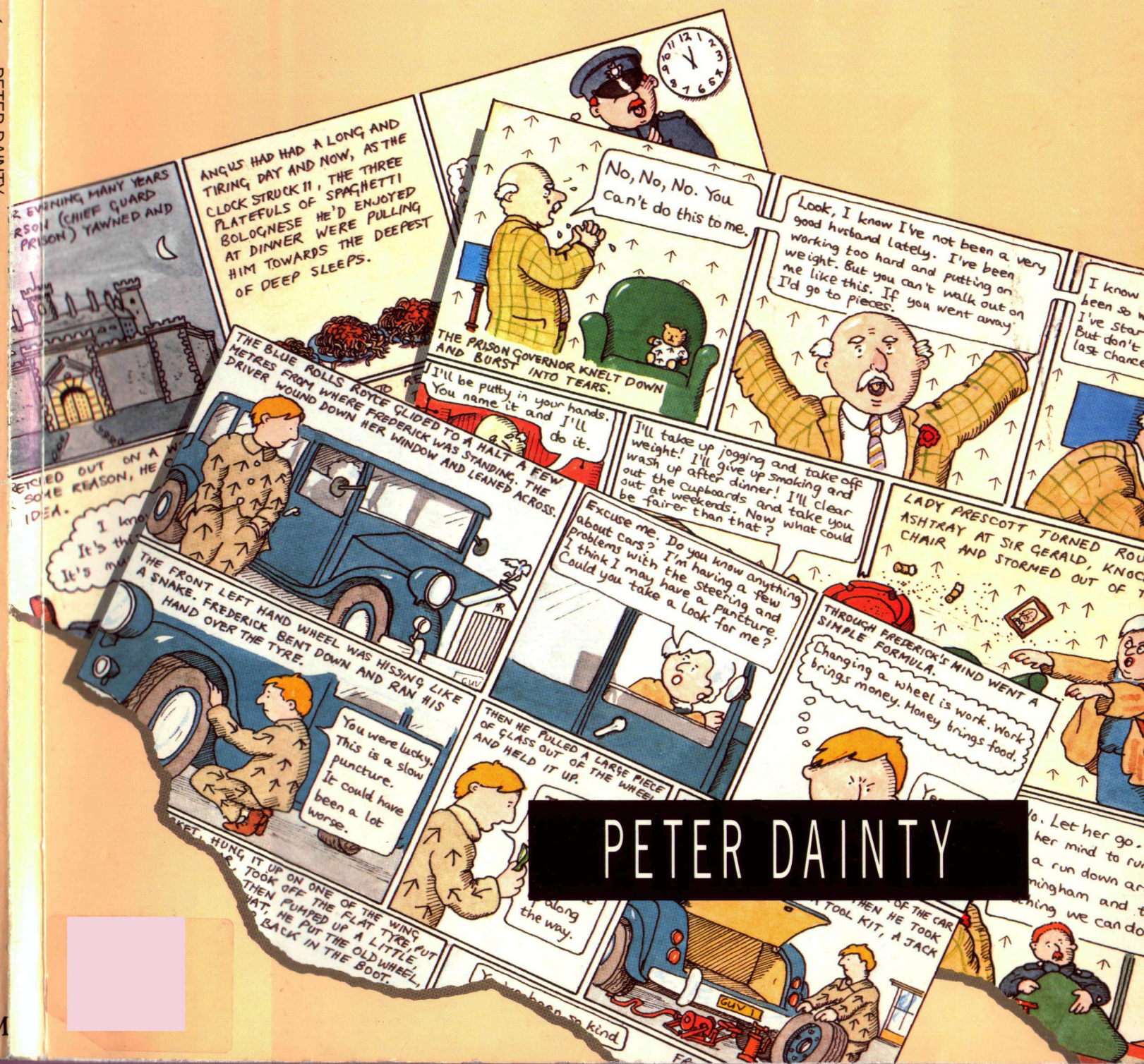


# PHRASAL VERBS *in context*

PHRASAL VERBS in context

PETER DAINTY



PETER DAINTY

English phrasal verbs are notoriously difficult to learn, but this colourful, entertaining book contextualises them in a memorable and supportive way. **Phrasal Verbs in Context** presents over 300 phrasal verbs in the context of a humorous story in cartoon form which sustains the reader's interest and concentration. Learning is promoted and reinforced by a series of vocabulary and preposition exercises that practise and recycle individual items.

The book contains:

- the full cartoon story with accompanying exercises and detailed grammar notes;
- the text reworked as an extended blank-filling exercise;
- an answer key;
- an alphabetical listing of the phrasal verbs covered in the book, cross-referenced to the original text.

The cartoon story has been recorded on cassette, and can also be bought as a book/cassette package.

**Phrasal Verbs in Context** is recommended as supplementary material for Peter Dainty's **Passport to Cambridge First Certificate** course, or for any other coursebook at First Certificate level.



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# **INTRODUCTION**

This book offers you a new method for learning phrasal verbs such as 'put on', 'take off', 'give up' and 'look for'.

It starts with a specially written cartoon story in which 325 common phrasal verbs are introduced in a tale of adventure, love, money, crime, honour and a blue Rolls Royce. To help you recognise these different verb-preposition forms and bring them into your active vocabulary, there are follow-up exercises and detailed grammar notes.

Then – in Part Two – there is an extended blank-filling revision exercise based on the cartoon.

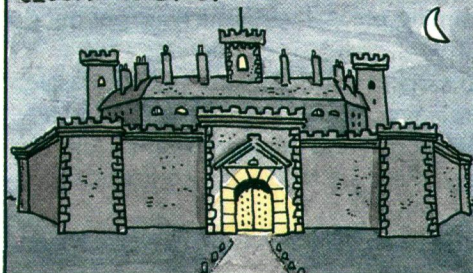
Part Three has the answers for all the exercises and a full alphabetical listing of the phrasal verbs, cross-referenced to the original text.

If you learn some of the story by heart and do all the follow-up exercises, you should find that these 325 phrasal verbs can become a part of your everyday language as you develop a more natural and more instinctive command of English.

But now, as Sir Gerald Prescott would say, 'Let's go through the whole story right from the start'...

# CHAPTER ONE

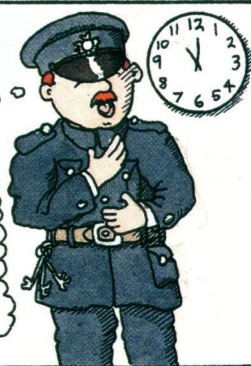
ON A COLD NOVEMBER EVENING, MANY YEARS AGO, ANGUS MACPHERSON (CHIEF GUARD AT THE NEWTOWN PRISON) YAWNED AND CLOSED HIS EYES.



ANGUS HAD HAD A LONG AND TIRING DAY AND NOW, AS THE CLOCK STRUCK 11, THE THREE PLATEFULS OF SPAGHETTI BOLOGNESE HE'D ENJOYED AT DINNER WERE PULLING HIM TOWARDS THE DEEPEST OF DEEP SLEEPS.



I'll just have a little nap. All the cells are locked and everything's quiet. I'm sure nobody will mind if I nod off for a while.



ANGUS STRETCHED OUT ON A WOODEN BENCH AND TRIED TO RELAX. BUT, FOR SOME REASON, HE COULDN'T GET OFF TO SLEEP. THEN HE HAD AN IDEA.

I know what the trouble is.  
It's this belt of mine.  
It's much too tight.

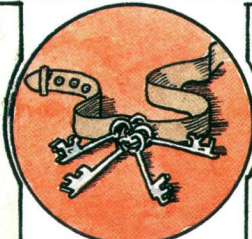


HE ROLLED OVER, TOOK OFF THE BELT AND DROPPED IT  
ONTO THE FLOOR.

IN THE DARKNESS OF CELL 269, FREDERICK CARRUTHERS (A BANK MANAGER WHO HAD LENT HIMSELF £250,000) WAS PLANNING HIS ESCAPE.

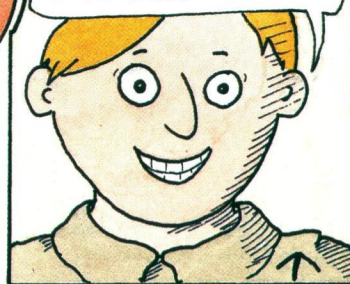
If I could get the keys off MacPherson's belt, I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.

But how do I do it?

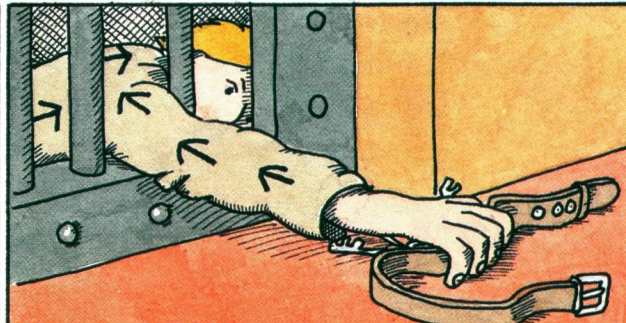


JUST THEN HE  
CAUGHT SIGHT  
OF ANGUS'  
BELT LYING  
ON THE FLOOR.

The keys! He's just dropped the belt with the keys. This is too good to be true.



HE TIPTOED TO THE FRONT OF THE CELL AND LOOKED AROUND.  
THERE WAS NO ONE ABOUT. HE TOOK A DEEP BREATH...



... AND THEN, SOFTLY AND SLOWLY, HE STRETCHED OUT HIS HAND, PICKED UP THE BELT AND LIFTED IT BACK THROUGH THE BARS...

## Practice

1 Complete the following sentences using one of the words below.

breakfast	floor	keys	<del>belt</del>	door
bars	wall	cell	breath	yard

- 1 He rolled over, took off the belt.
- 2 ...and dropped it onto the \_\_\_\_\_.
- 3 If I could get the \_\_\_\_\_ off Macpherson's belt,
- 4 ...I could slip out through the side \_\_\_\_\_,
- 5 ...run across the \_\_\_\_\_,
- 6 ...jump over the prison \_\_\_\_\_
- 7 ...and be back home for \_\_\_\_\_.
- 8 He tiptoed to the front of the \_\_\_\_\_ and looked around.
- 9 There was no one about. He took a deep \_\_\_\_\_,
- 10 ....picked up the belt and lifted it back through the \_\_\_\_\_.

2 Complete the following sentences using one of the prepositions below.

off	out	up	<del>off</del>	over
about	around	across	over	to

- 1 For some reason, he couldn't get off to sleep.
- 2 He rolled \_\_\_\_\_, took off the belt and dropped it onto the floor.
- 3 A few minutes later, the stone corridors echoed \_\_\_\_\_ the sound of Angus Macpherson's unmistakable snore.
- 4 If I could get the keys \_\_\_\_\_ Macpherson's belt,
- 5 I could slip \_\_\_\_\_ through the side door,
- 6 ...run \_\_\_\_\_ the yard,
- 7 ...jump \_\_\_\_\_ the prison wall and be back home for breakfast.
- 8 He tiptoed to the front of the cell and looked \_\_\_\_\_.
- 9 There was no one \_\_\_\_\_.
- 10 He picked \_\_\_\_\_ the belt and lifted it back through the bars.

### Notes

- 1 a *nap* = a short, light sleep
- 2 to *nod off* = to fall asleep gradually
- 3 When talking about clothes, *to take off* is the opposite of *to put on*.  
'Angus...took off the belt and dropped it onto the floor.' (Chapter One)  
'She put on her coat.' (Chapter Three)

**4** Two common meanings of *slip* are...

**a** to move quietly or secretly, trying not to be seen

'I could slip out through the side door...' (Chapter One)

'But whenever my father's back was turned, I would slip out of the house and go and meet Gerald secretly.' (Chapter Eight)

and

**b** to fall or nearly fall

♦ She slipped on a banana skin and sprained her ankle.

**5** Notice the difference between *to jump over*, *to jump onto* and *to jump off*...

**a** 'I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.' (Chapter One)

and

**b** 'Frederick had...jumped onto a train that was slowing down in front of a set of signals, run down the corridor to avoid the ticket collector and then jumped off again as the train pulled into a station.' (Chapter Five)

**6** 'There was no one about' = Nobody else was there

Compare ...

'Lady Prescott got out of the car and looked around. There was no one else about.' (Chapter Fourteen)

and

'Frederick turned his face and looked out at Crawford Street. There were now lots of people about. It was half past three and the local school had just broken up for the day.' (Chapter Twelve)

Note that *to look around* generally has the idea of looking on all sides, while *to look round* suggests that the person turns to look at something they couldn't see before.

*round* can also be an informal word for *around*.

# CHAPTER TWO



## Practice

3 Complete the following sentences using one of the words below.

lunchbreak	door	desk	tears	cell
handkerchief	keys	<i>Times</i>	<del>belt</del>	minutes

- 1 He stood up and looked for his belt.
- 2 Sir Gerald Prescott was sitting at his \_\_\_\_\_ reading *The Times*.
- 3 He's broken out of his \_\_\_\_\_ and run away.
- 4 I nodded off for a few \_\_\_\_\_.
- 5 Carruthers picked up the belt and took off one of the \_\_\_\_\_.
- 6 He opened his cell and slipped out through the side \_\_\_\_\_.
- 7 Sir Gerald tore up his \_\_\_\_\_.
- 8 ...and burst into \_\_\_\_\_.
- 9 Angus took a \_\_\_\_\_ out of his pocket.
- 10 I'll give up my \_\_\_\_\_ and go out and look for him and find out where he is...

4 Complete the following sentences using one of the prepositions below.

out	away	off	with	at
to	off	up	out	<del>for</del>

- 1 He stood up and looked for his belt.
- 2 Sir Gerald was sitting \_\_\_\_\_ his desk reading *The Times*.
- 3 Angus rushed in, his red face covered \_\_\_\_\_ sweat.
- 4 He's broken \_\_\_\_\_ of his cell
- 5 ...and run \_\_\_\_\_!
- 6 I nodded \_\_\_\_\_ for a few minutes.
- 7 Sir Gerald tore \_\_\_\_\_ his *Times* and burst into tears.
- 8 Angus took a handkerchief \_\_\_\_\_ of his pocket
- 9 ...and handed it \_\_\_\_\_ Sir Gerald.
- 10 I shouldn't have taken \_\_\_\_\_ my belt and nodded off like that.

## Notes

- 1 *dawn* can be a noun ('Dawn broke over Newtown Prison') and a verb ('the...truth dawned on him').
- 2 There are many phrasal verbs with *look*. Among the most common are...
  - to look for* = to try to find
  - to look at* = to see; to examine
  - to look after* = to take care of

'He stood up and looked for his belt.' (Chapter Two)

'I looked at the cheque. My head was spinning.' (Chapter Eleven)

'She looks after sick children.' (Chapter Ten)

**3** *to work (something) out* = to solve (a problem, puzzle, mystery, etc.)

**4** *to let in* (= to allow to enter) is the opposite of *to let out* (= to allow to leave).

'Governor! Governor! Let me in! Let me in!' (Chapter Two)

'When he came to the prison gates, he knocked on the front door and the night guard let him in.' (Chapter Fifteen)

'There was no need for you to run off like that. They were going to let you out anyway.' (Chapter Thirteen)

**5** Note the difference between *to sit at*, *to sit back*, *to sit down*, *to sit in* and *to sit up*.

'Sir Gerald was sitting at his desk reading *The Times*.' (Chapter Two)

'Frederick sat back and just watched the volcano erupt.' (Chapter Seven)

'Angus sat down and took a deep breath.' (Chapter Two)

'Here he was, sitting in a Rolls Royce driven by the wife of the governor of the prison he'd just escaped from.' (Chapter Seven)

'He was so ill that he couldn't sit up in bed properly.' (Chapter Ten)

**6** *to calm down* = to relax

'Now calm down. And go through the whole story right from the start.' (Chapter Two)

'By the time they arrived at the outskirts of Birmingham, Lady Prescott had calmed down a little and Frederick was feeling a bit more relaxed.' (Chapter Eight)

**7** *to make up for (something)* = to compensate for (something)

'I'll make up for it. I'll give up my lunchbreak and go out and look for him and find out where he is.' (Chapter Two)

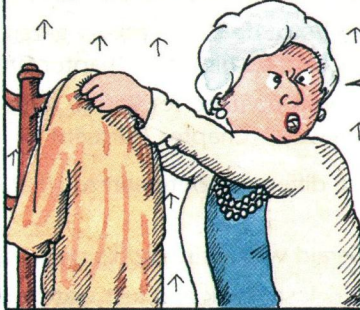
'And, now, there was so much to say, so much to do. So much lost time to make up for.' (Chapter Fourteen)

# CHAPTER THREE

AT THAT MOMENT LADY PRESCOTT, THE WIFE OF THE PRISON GOVERNOR, ARRIVED.



SHE TOOK OFF HER COAT.



For goodness sake stop crying, Gerald. Pull yourself together man! What's wrong with you? Why don't you grow up?

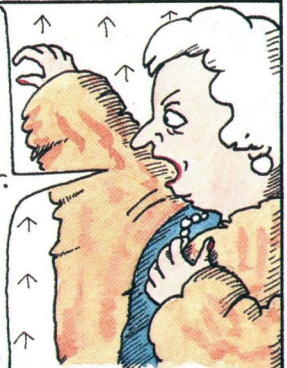


I can't help it. Yet another of my prisoners has run away - That's the fifth one this week. Why don't they like it here? Is it the prison food? Or the colour of the walls? Or my after shave? I wish I knew.

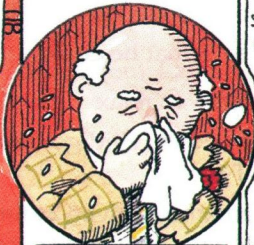


That's it. I've had enough of all this nonsense. I hate to see a grown man cry and I'm not going to put up with it any longer.

I'm leaving you, Gerald! I'm going to break up our marriage and run away to a run down area of Birmingham.



AND WITH THAT HE BURST INTO TEARS AGAIN.



SHE PUT ON HER COAT.

But you can't do that! If you run away to a run down area of Birmingham I'll have a nervous breakdown.



That's your problem, not mine. I'm going to walk out of that door and you'll never see me again!



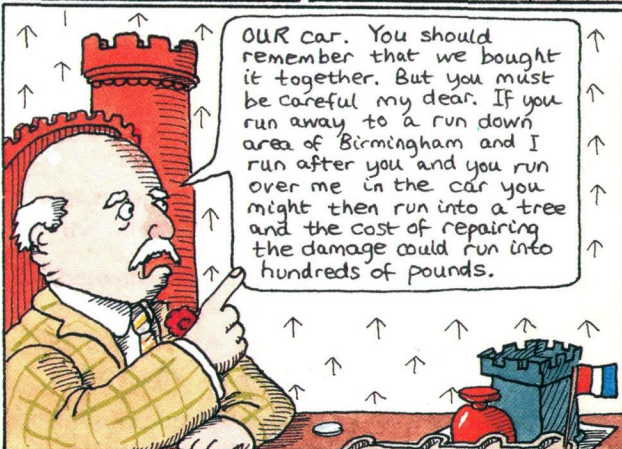
But I won't let you go. If you run away I'll run after you.



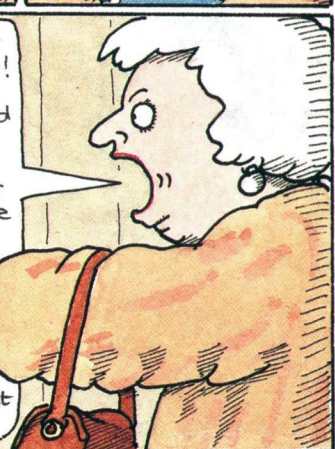
If I run away to a run down area and you run after me I'll run over you in my car.



OUR car. You should remember that we bought it together. But you must be careful my dear. If you run away to a run down area of Birmingham and I run after you and you run over me in the car you might then run into a tree and the cost of repairing the damage could run into hundreds of pounds.



Money! Money! Money! That's all you care about! Here am I threatening to break up our marriage and run away to a run down area of Birmingham and all you can think about is the cost of repairing the car - OUR car - if you run after me and I run over you and then run into a tree! That's so typical of you! Self! Self! Self! Me! Me! Me! I've had enough. I've run out of patience, Gerald. I'm off.



## Practice

- 5**
- |       |      |           |           |          |
|-------|------|-----------|-----------|----------|
| coat  | door | pounds    | patience  | marriage |
| tears | coat | prisoners | breakdown | nonsense |
- Lady Prescott took off her \_\_\_\_\_.
  - Yet another of my \_\_\_\_\_ has run away.
  - And with that he burst into \_\_\_\_\_ again.
  - I've had enough of all this \_\_\_\_\_.
  - I'm leaving you, Gerald! I'm going to break up our \_\_\_\_\_ and run away.
  - She put on her \_\_\_\_\_.
  - I'll have a nervous \_\_\_\_\_.
  - I'm going to walk out of that \_\_\_\_\_.
  - The cost of repairing the damage could run into hundreds of \_\_\_\_\_.
  - I've run out of \_\_\_\_\_, Gerald.

- 6**
- |      |      |      |     |       |
|------|------|------|-----|-------|
| up   | with | up   | out | on    |
| into | of   | away | off | about |
- She took \_\_\_\_\_ her coat.
  - Why don't you grow \_\_\_\_\_?
  - I can't help it. Yet another of my prisoners has run \_\_\_\_\_.
  - And with that he burst \_\_\_\_\_ tears again.
  - I've had enough \_\_\_\_\_ all this nonsense.
  - I'm not going to put up \_\_\_\_\_ it any longer.
  - I'm leaving you, Gerald! I'm going to break \_\_\_\_\_ our marriage.
  - She put \_\_\_\_\_ her coat.
  - Money! Money! Money! That's all you care \_\_\_\_\_!
  - I've run \_\_\_\_\_ of patience, Gerald.

## Notes

- Grow up!* = Stop behaving like a child!
- to put up with* = to tolerate  
'I'm not going to put up with it any longer.' (Chapter Three)  
'...and you've put up with all my complaints about Sir Gerald.'  
(Chapter Nine)
- A *run-down* area is poor, dirty and in decline.

- 4 *to break up* (= to finish) can be used to describe the end of a relationship, a marriage, a school day and a school term.

'I'm going to break up our marriage and run away to a run-down area of Birmingham.' (Chapter Three)

'There were now lots of people about. It was half past three and the local school had just broken up for the day.' (Chapter Twelve)

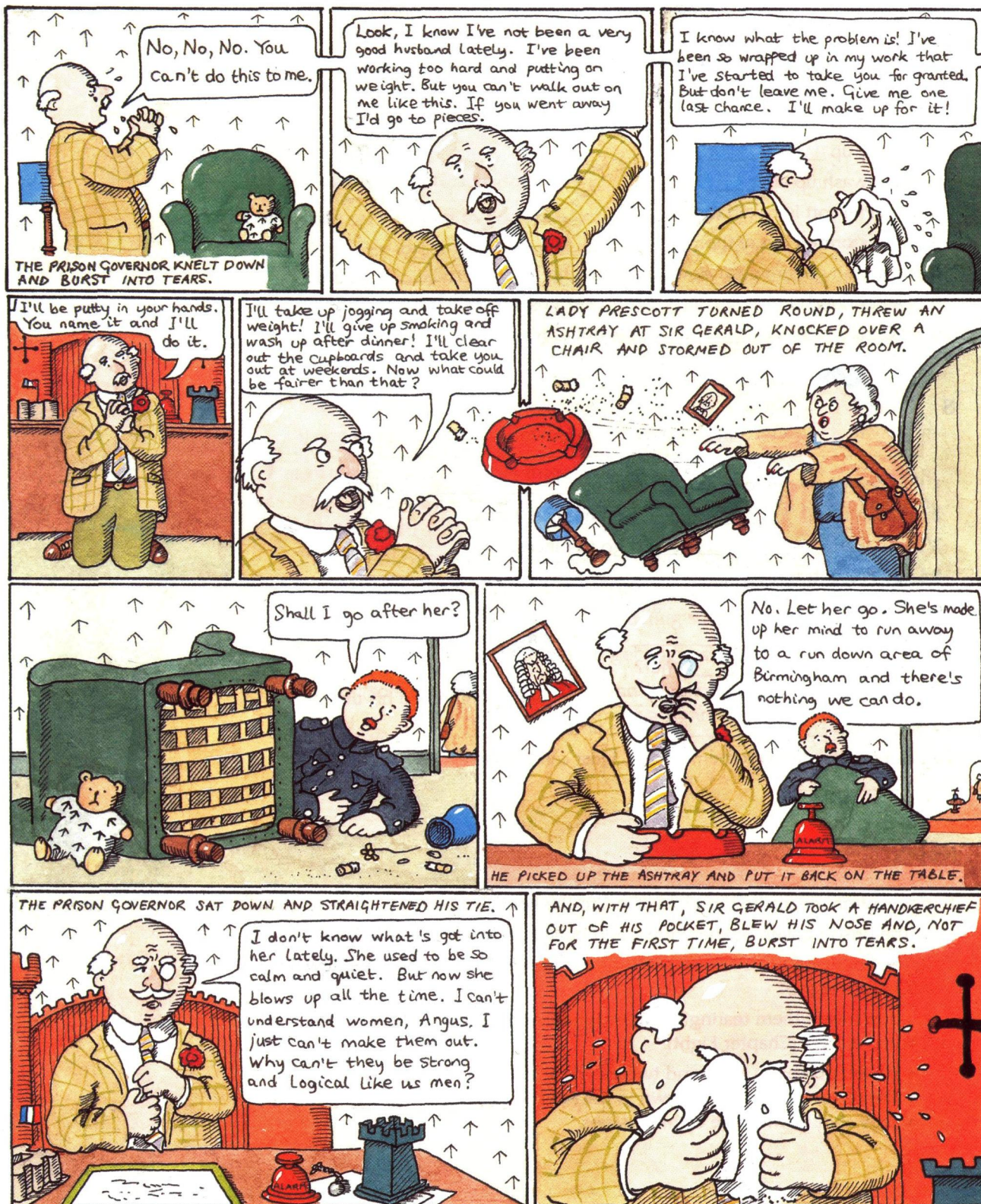
- 5 The noun *breakdown* and the phrasal verb *to break down* can be used to describe people or machines.

'I'll have a nervous breakdown.' (Chapter Three)

'The bus broke down and all the passengers had to get off and walk.' (Chapter Nine)

- 6 You can also *run out of* time, money, food and ideas.

# CHAPTER FOUR



## Practice

7

chair	room	smoking	tears	jogging
weight	tie	handkerchief	women	dinner

- 1 The prison governor knelt down and burst into \_\_\_\_\_.
- 2 I've been working too hard and putting on \_\_\_\_\_.
- 3 I'll take up \_\_\_\_\_ and take off weight!
- 4 I'll give up \_\_\_\_\_
- 5 ...and wash up after \_\_\_\_\_!
- 6 Lady Prescott knocked over a \_\_\_\_\_
- 7 ...and stormed out of the \_\_\_\_\_.
- 8 The prison governor sat down and straightened his \_\_\_\_\_.
- 9 I can't understand \_\_\_\_\_, Angus. I just can't make them out.
- 10 Sir Gerald took a \_\_\_\_\_ out of his pocket.

8

out	down	up	out	round
away	after	over	out	on

- 1 I've been working too hard and putting \_\_\_\_\_ weight.
- 2 You can't walk \_\_\_\_\_ on me like this.
- 3 If you went \_\_\_\_\_ I'd go to pieces.
- 4 Lady Prescott turned \_\_\_\_\_,
- 5 ...knocked \_\_\_\_\_ a chair,
- 6 ...and stormed \_\_\_\_\_ of the room.
- 7 Shall I go \_\_\_\_\_ her?
- 8 The prison governor sat \_\_\_\_\_ and straightened his tie.
- 9 She blows \_\_\_\_\_ all the time.
- 10 I can't understand women, Angus. I just can't make them \_\_\_\_\_.

## Notes

- 1 *down* often means 'to the ground' or 'to the floor'.

'The prison governor knelt down and burst into tears.' (Chapter Four)

'They promise to pull down the terraced housing and build some new flats.'  
(Chapter Eight)

'I don't want them tearing down my childhood. They should leave my home alone.' (Chapter Eight)

- ◆ He fell down the stairs and twisted his ankle.
- ◆ The boxer was knocked down in the fourth round.
- ◆ They shot down three enemy planes.

**2** When talking about weight, a handbrake or a seat belt, *to put on* is the opposite of *to take off*.

'I've been working too hard and putting on weight.' (Chapter Four)

◆ That new diet is amazing! I've taken off six kilos in three days.

'Lady Prescott put on the handbrake...' (Chapter Eight)

'The woman got in, put on her seat belt, took off the handbrake...' (Chapter Six)

'Frederick took off his seat belt and tried to get out of the car.' (Chapter Twelve)

**3** *to walk out on* = to abandon

**4** *to take up* = to start to do (a new job, a new sport, etc.)

'I'll take up jogging and take off weight!' (Chapter Four)

"And if I was to take up this new challenge," Frederick said, "you'd expect me to keep quiet about the events of two years ago." (Chapter Thirteen)

**5** 'Storming out of a room' is more dramatic than 'walking out of a room'.

**6** *to go after* = to run after = to follow

'Shall I go after her?' (Chapter Four)

'If you run away, I'll run after you.' (Chapter Three)

**7** *to make up your mind* = to make a decision

'She's made up her mind to run away to a run-down area of Birmingham.' (Chapter Four)

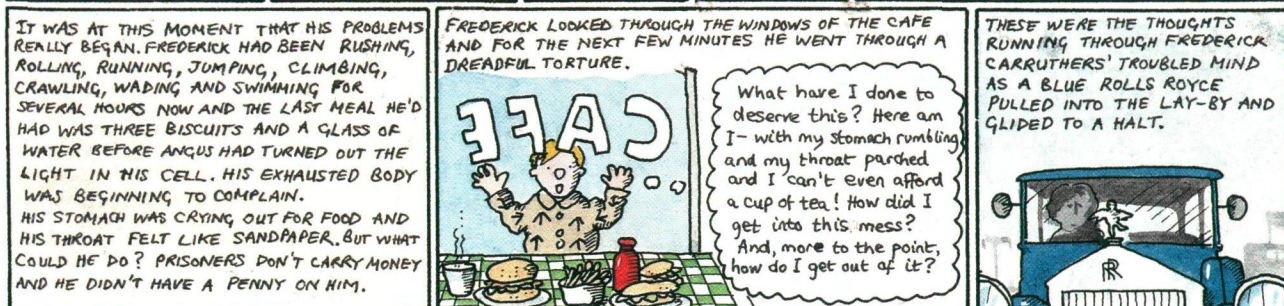
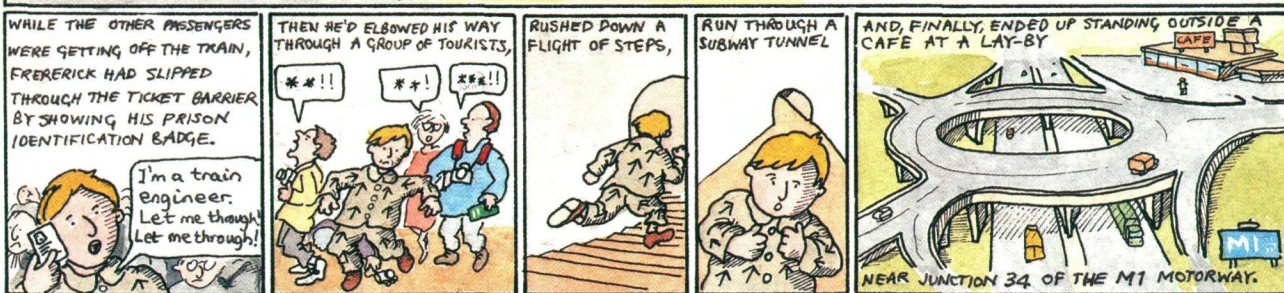
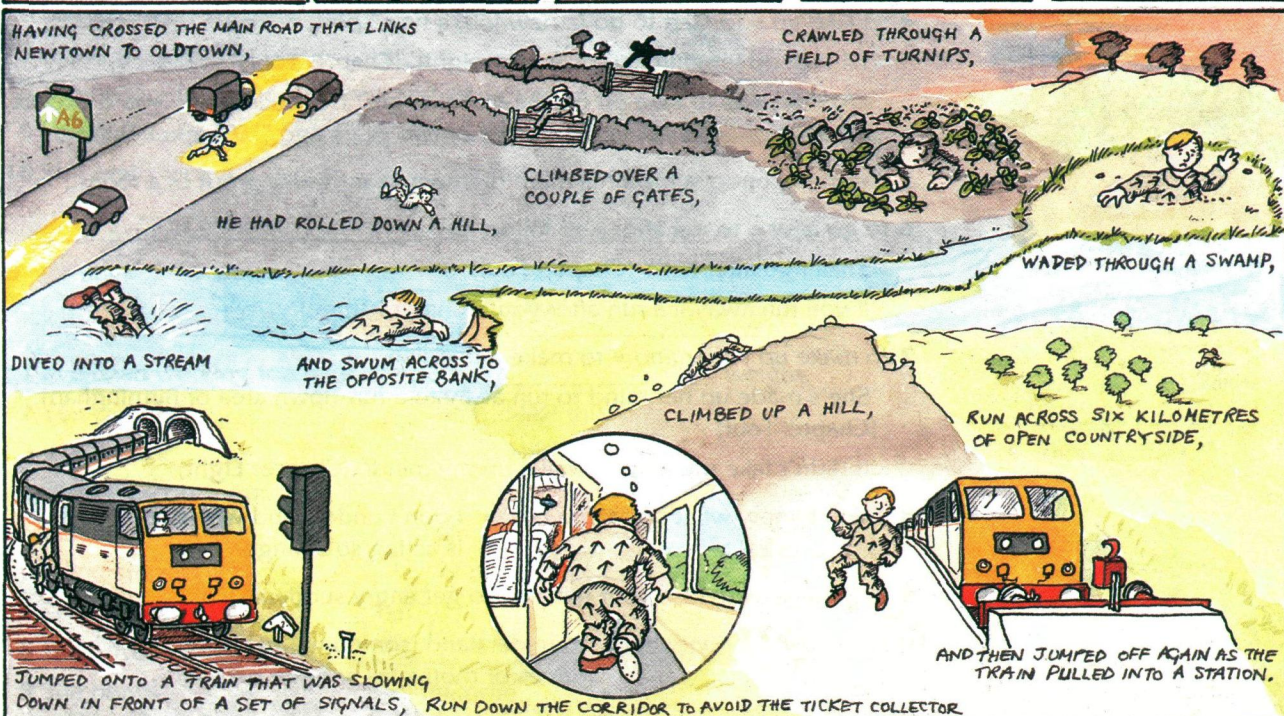
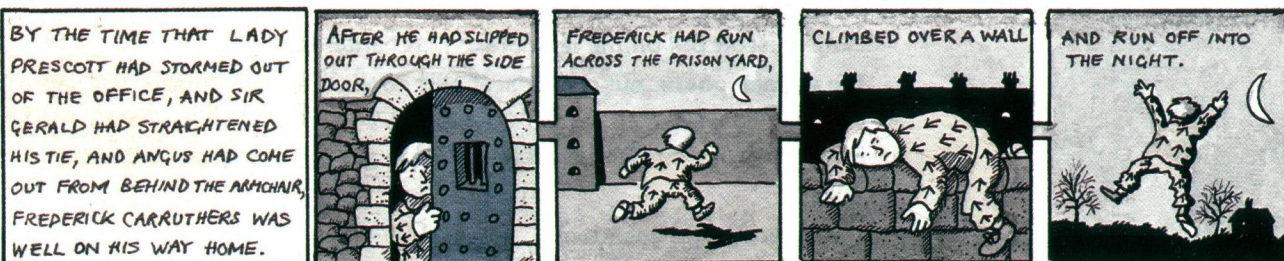
'It didn't take me long to make up my mind!' (Chapter Eight)

**8** 'I don't know what's got into her' = I don't understand why she is acting so strangely

**9** *to blow up* = to lose your temper, to get angry suddenly

**10** *to make (someone) out* = to understand (someone); to appreciate what drives or motivates another person

# CHAPTER FIVE



In Chapters One to Five, who...

- 1 ...nodd off?
- 2 ...took off his belt?
- 3 ...was sitting at his desk?
- 4 ...rushed in?
- 5 ...sat down?
- 6 ...slipped out through the side door?
- 7 ...tore up his *Times*?
- 8 ...burst into tears?
- 9 ...took off her coat?
- 10 ...ran out of patience?
- 11 ...knelt down?
- 12 ...turned round?
- 13 ...blows up all the time?
- 14 ...can't make women out?
- 15 ...crawled through a field of turnips?
- 16 ...jumped off a train?
- 17 ...ran across six kilometres of open countryside?
- 18 ...elbowed his way through a group of tourists?
- 19 ...ended up standing outside a café?
- 20 ...pulled into a lay-by?

ANGUS	SIR GERALD	LADY PRESCOTT	FREDERICK CARRUTHERS
✓			

1 In this sense, *to run off* and *to run away* have the same meaning.

- 2** *to crawl* = to move on all fours

- 3** The literal meaning of *to wade through* is 'to walk through water or mud that is knee or chest high'.

For this reason, storks and flamingoes are known as *wading birds*.

*to wade through* can also be used metaphorically with the sense of 'having to read lots of boring information'.

- ◆ I had to wade through 500 pages of detailed text before I found what I was looking for.

**5** For buses, trains and planes, *to get on* is the opposite of *to get off*.

'While the other passengers were getting off the train...' (Chapter Five)

'The bus broke down and all the passengers had to get off and walk.'  
(Chapter Nine)

**6** Compare...

'Frederick ended up standing outside a café at a lay-by near Junction 34 of the M1 motorway.' (Chapter Five)

'If she found out that he was a convict on the run, perhaps she'd turn him in and then he might end up in cell 269 again.' (Chapter Ten)

'How could a good man end up like this?' (Chapter Twelve)

**7** *out* can mean 'loudly', 'openly', 'publicly', 'noisily' or 'angrily'.

'His stomach was crying out for food.' (Chapter Five)

- ◆ They shouted out the names...
- ◆ He spoke out against injustice...
- ◆ They called out the winning numbers...

**8** Compare *to go through* and *to go through with*.

**a** *to go through* = to suffer

'For the next few minutes, he went through a dreadful torture.'  
(Chapter Five)

'For the next few months, we went through a really bad patch.'  
(Chapter Nine)

**b** *to go through with (something)* = to do (something) even though you know it will be difficult, frustrating or painful

'I've decided to go through with the trial.' (Chapter Eleven)

**9** Compare...

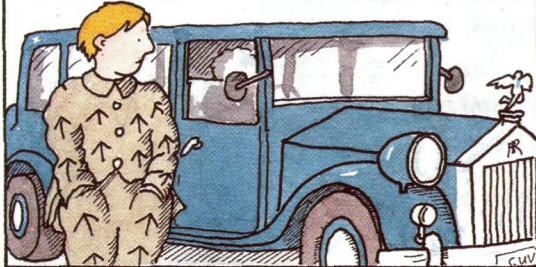
'These were the thoughts running through Frederick Carruthers' troubled mind as a blue Rolls Royce pulled into the lay-by and glided to a halt.'  
(Chapter Five)

and

'Through Frederick's mind went a simple formula – changing a wheel is work. Work brings money. Money brings food.' (Chapter Six)

# CHAPTER SIX

THE BLUE ROLLS ROYCE GLIDED TO A HALT A FEW METRES FROM WHERE FREDERICK WAS STANDING. THE DRIVER WOUND DOWN HER WINDOW AND LEANED ACROSS.



Excuse me. Do you know anything about cars? I'm having a few problems with the steering and I think I may have a puncture. Could you take a look for me?



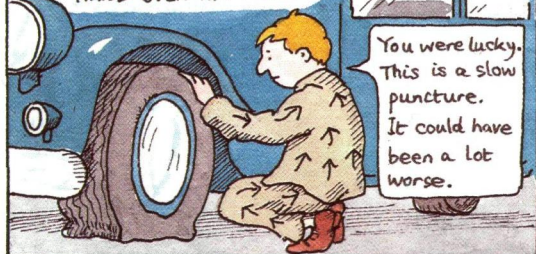
THROUGH FREDERICK'S MIND WENT A SIMPLE FORMULA.

Changing a wheel is work. Work brings money. Money brings food.



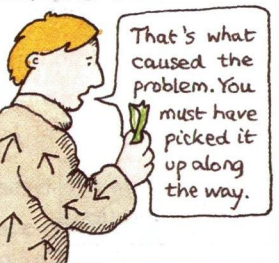
Yes, of course.

THE FRONT LEFT HAND WHEEL WAS HISSING LIKE A SNAKE. FREDERICK BENT DOWN AND RAN HIS HAND OVER THE TYRE.



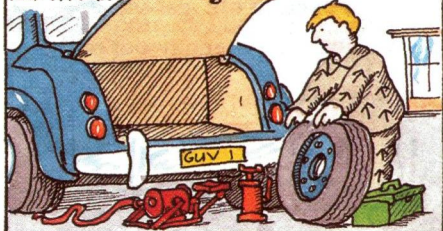
You were lucky. This is a slow puncture. It could have been a lot worse.

THEN HE PULLED A LARGE PIECE OF GLASS OUT OF THE WHEEL AND HELD IT UP.

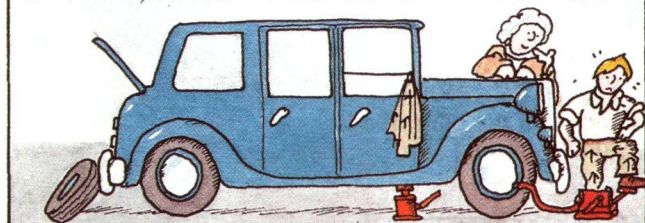


That's what caused the problem. You must have picked it up along the way.

FREDERICK WALKED TO THE BACK OF THE CAR AND OPENED UP THE BOOT. THEN HE TOOK OUT THE SPARE WHEEL, A TOOL KIT, A JACK AND A PUMP.

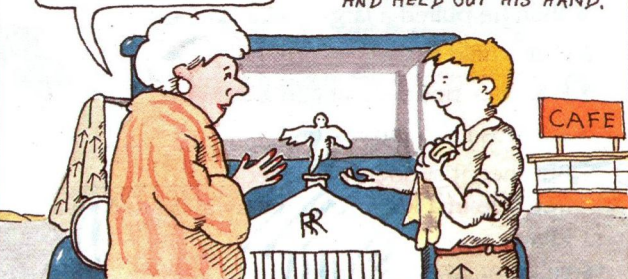


HE TOOK OFF HIS JACKET, HUNG IT UP ON ONE OF THE WING MIRRORS, JACKED UP THE CAR, TOOK OFF THE FLAT TYRE, PUT ON THE SPARE WHEEL WHICH HE THEN PUMPED UP A LITTLE, AND FINALLY, HAVING DONE ALL THAT, HE PUT THE OLD WHEEL, THE TOOL KIT, THE JACK AND THE PUMP BACK IN THE BOOT.

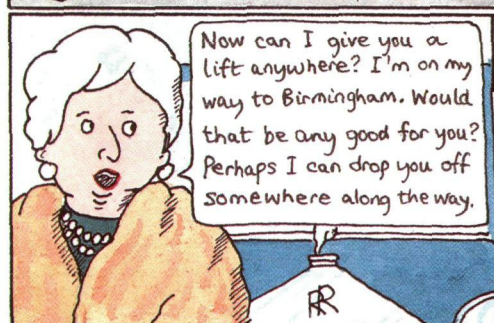


You've been so kind

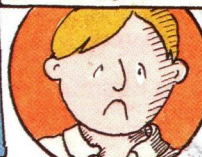
FREDERICK NODDED, SMILED AND HELD OUT HIS HAND.



Now can I give you a lift anywhere? I'm on my way to Birmingham. Would that be any good for you? Perhaps I can drop you off somewhere along the way.

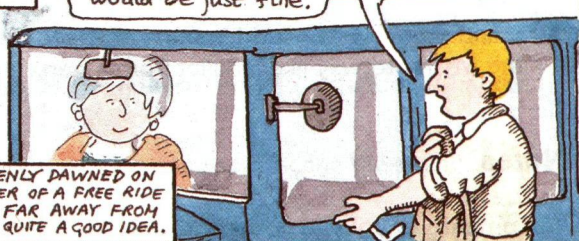


FREDERICK'S FACE DROPPED. HE'D BEEN EXPECTING MONEY OR FOOD AND HE FELT A BIT LET DOWN.



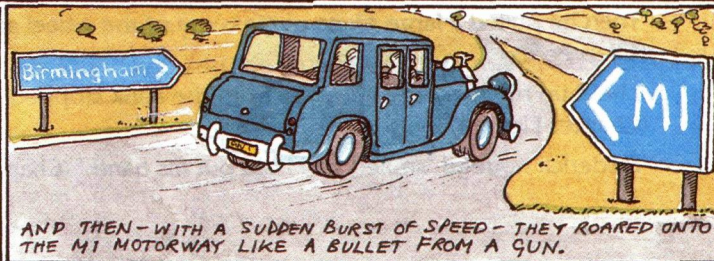
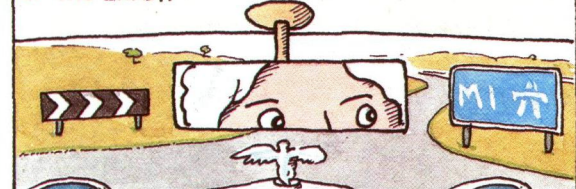
HE WIPED HIS HANDS ON A CLOTH AND GOT INTO THE CAR.

That's very kind of you. Birmingham would be just fine.



BUT THEN IT SUDDENLY DAWNED ON HIM THAT THE OFFER OF A FREE RIDE IN A ROLLS ROYCE FAR AWAY FROM NEWTOWN MIGHT BE QUITE A GOOD IDEA.

THE WOMAN GOT IN, PUT ON HER SEAT BELT, TOOK OFF THE HANDBRAKE, PUT THE CAR INTO FIRST GEAR, LOOKED IN THE REAR VIEW MIRROR, AND PULLED GENTLY OUT OF THE LAYBY.



AND THEN - WITH A SUDDEN BURST OF SPEED - THEY ROARED ONTO THE M1 MOTORWAY LIKE A BULLET FROM A GUN.

## Practice

10

window	mirror	handbrake	cloth	lay-by
jacket	hand	tyre	glass	seat belt

- 1 The driver wound down her \_\_\_\_\_ and leaned across.
- 2 Frederick bent down and ran his hand over the \_\_\_\_\_.
- 3 He pulled a large piece of \_\_\_\_\_ out of the wheel and held it up.
- 4 He took off his \_\_\_\_\_.
- 5 Frederick nodded, smiled and held out his \_\_\_\_\_.
- 6 He wiped his hands on a \_\_\_\_\_.
- 7 The woman put on her \_\_\_\_\_,
- 8 ...took off the \_\_\_\_\_,
- 9 ...looked in the rear-view \_\_\_\_\_,
- 10 ...and pulled gently out of the \_\_\_\_\_.

11

out	out	on	on	up
off	off	in	over	onto

- 1 Frederick bent down and ran his hand \_\_\_\_\_ the tyre.
- 2 Then he pulled a large piece of glass \_\_\_\_\_ of the wheel
- 3 ...and held it \_\_\_\_\_.
- 4 Frederick nodded, smiled and held \_\_\_\_\_ his hand.
- 5 Perhaps I can drop you \_\_\_\_\_ somewhere along the way.
- 6 But then it suddenly dawned \_\_\_\_\_ Frederick that the offer of a free ride in a Rolls Royce far away from Newtown might be quite a good idea.
- 7 The woman got \_\_\_\_\_,
- 8 ...put \_\_\_\_\_ her seat belt,
- 9 ...took \_\_\_\_\_ the handbrake,
- 10 ...and then – with a sudden burst of speed – they roared \_\_\_\_\_ the M1 motorway like a bullet from a gun.

## Notes

- 1 Compare *to hold up* (= vertical) and *to hold out* (= horizontal).

'Then he pulled a large piece of glass out of the wheel and held it up.'  
(Chapter Six)

'I held up my hand and the man from the bank stopped talking.'  
(Chapter Eleven)

'Frederick nodded, smiled and held out his hand.' (Chapter Six)

**2** *up* can mean...**a** higher

'He...jacked up the car...' (Chapter Six)

'She picked up the phone again.' (Chapter Twelve)

**b** to the end

'By that summer, I'd managed to save up a quarter of a million pounds.'  
(Chapter Eleven)

'Frederick drank up his coffee...' (Chapter Twelve)

and

**c** thinking creatively or imaginatively

'At first, I couldn't think what to do. But then – all of a sudden – I came up with an idea.' (Chapter Ten)

'But – each week – I made up some new story to explain the cheques away.' (Chapter Eleven)

**3** *to drop (someone) off* is the opposite of *to pick (someone) up*.

'Perhaps I could drop you off somewhere along the way.' (Chapter Six)

'...he'd come and pick me up when the classes were over.' (Chapter Eight)

**4** *to let (someone) down* = to disappoint (someone), to break a promise

'Frederick's face dropped. He'd been expecting money or food and he felt a bit let down.' (Chapter Six)

'I can't let the children down.' (Chapter Eleven)

**5** 'it suddenly dawned on him that' = he suddenly realised that**6** When talking about cars, vans or lorries, *to get into* is the opposite of *to get out of*.

'He wiped his hands on a cloth and got into the car.' (Chapter Six)

'Frederick took off his seat belt and tried to get out of the car.' (Chapter Twelve)

**7** *to pull out of* (= to leave) a lay-by, station, etc. is the opposite of *to pull into* (= to enter) a lay-by, station, etc.

'The woman got in, put on her seat belt, took off the handbrake, put the car into first gear, looked in the rear-view mirror, and pulled gently out of the lay-by.' (Chapter Six)

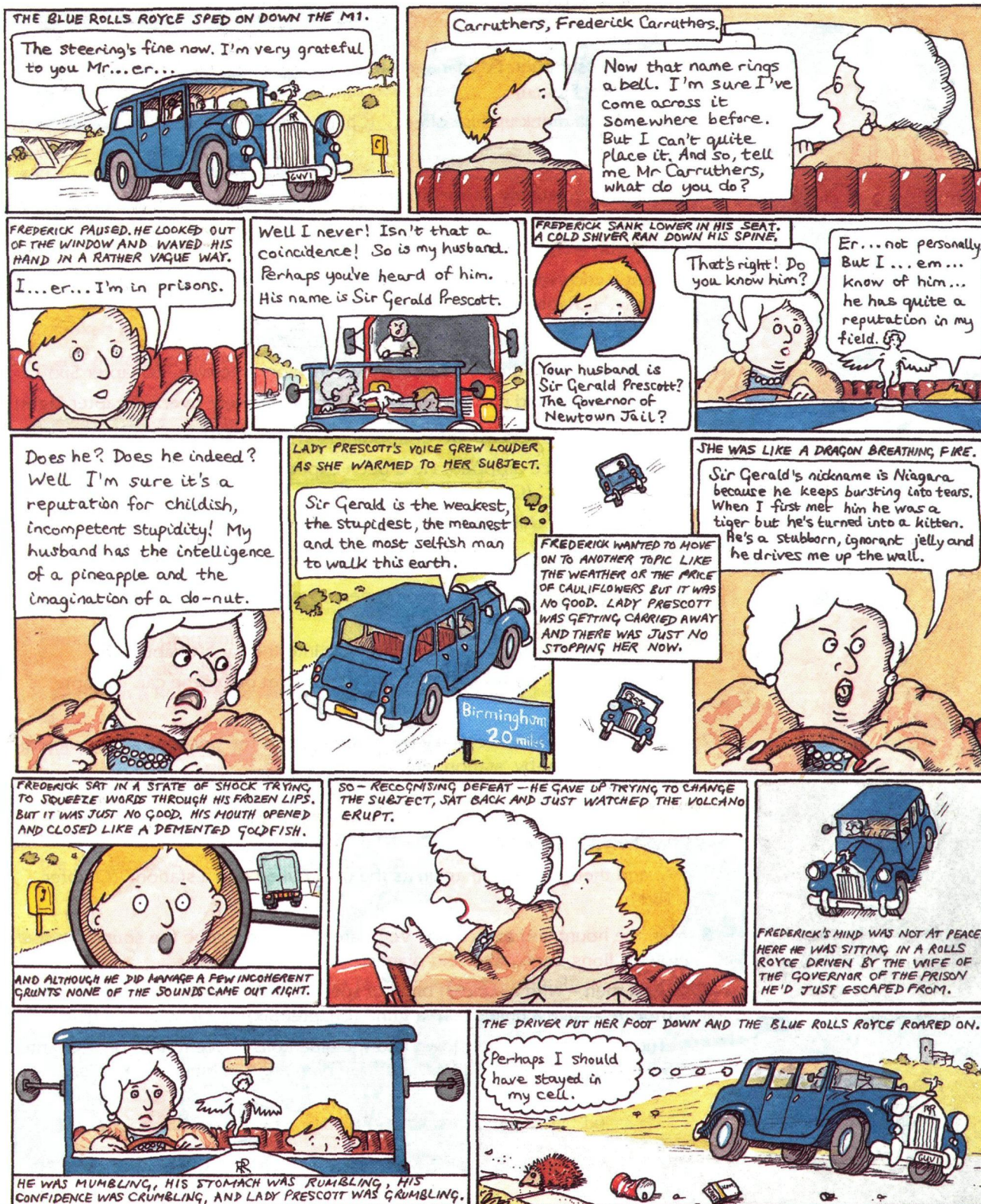
'...and then jumped off again as the train pulled into a station.' (Chapter Five)

**8** *roar* (the noun) and *to roar* (the verb) are used to describe the sound made by crowds, lions, cars, trains and planes.

'And then – with a sudden burst of speed – they roared onto the M1 motorway like a bullet from a gun.' (Chapter Six)

'The driver put her foot down and the blue Rolls Royce roared on.' (Chapter Seven)

# CHAPTER SEVEN



## Practice

12

kitten	sounds	wall	subject	name
volcano	Rolls Royce	prison	reputation	spine

- 1 Now that \_\_\_\_\_ rings a bell. I'm sure I've come across it somewhere before.
- 2 A cold shiver ran down his \_\_\_\_\_.
- 3 I know of him. He has quite a \_\_\_\_\_ in my field.
- 4 When I first met him, he was a tiger, but he's turned into a \_\_\_\_\_.
- 5 He drives me up the \_\_\_\_\_.
- 6 None of the \_\_\_\_\_ came out right.
- 7 So – recognising defeat – he gave up trying to change the \_\_\_\_\_.
- 8 ...sat back and just watched the \_\_\_\_\_ erupt.
- 9 Here he was sitting in a \_\_\_\_\_
- 10 ...driven by the wife of the governor of the \_\_\_\_\_ he'd just escaped from.

13

in	through	out	up	on
back	for	across	to	of

- 1 I'm very grateful \_\_\_\_\_ you, Mr... er...
- 2 Now that name rings a bell. I'm sure I've come \_\_\_\_\_ it somewhere before.
- 3 I know \_\_\_\_\_ him. He has quite a reputation in my field.
- 4 I'm sure it's a reputation \_\_\_\_\_ childish, incompetent stupidity!
- 5 Frederick sat \_\_\_\_\_ a state of shock,
- 6 ...trying to squeeze words \_\_\_\_\_ his frozen lips.
- 7 None of the sounds came \_\_\_\_\_ right.
- 8 So – recognising defeat – he gave \_\_\_\_\_ trying to change the subject,
- 9 ...sat \_\_\_\_\_ and just watched the volcano erupt.
- 10 The driver put her foot down and the blue Rolls Royce roared \_\_\_\_\_.

### Notes

- 1 *on* often means 'to continue'.

'The blue Rolls Royce sped on down the M1.' (Chapter Seven)

'The driver put her foot down and the blue Rolls Royce roared on.' (Chapter Seven)

'He kept on proposing and I kept on saying "no".' (Chapter Nine)

"Go on," Lady Prescott said gently.' (Chapter Ten)

'Karen Blackstone carried on talking, ignoring that last remark.' (Chapter Thirteen)

- 2 'That name rings a bell' = I've heard that name before
- 3 *to come across (something)* = to come into contact with (something) unexpectedly or by chance
- 4 *Well I never!* = That's incredible! What a surprise!
- 5 'Perhaps you've heard of him' = Perhaps his name is familiar to you
- 6 'I know of him' = I've heard of him
- 7 A *grunt* (the noun) and *to grunt* (the verb) can also describe the sounds made by a pig and a tennis player.
- 8 *to give up* (= to stop or to abandon) can be used with a gerund or a noun.  
 'So – recognising defeat – he gave up trying to change the subject, sat back and just watched the volcano erupt.' (Chapter Seven)  
 'Frederick had given up trying to work out what was going on.' (Chapter Thirteen)  
 'I knew that I couldn't give Gerald up.' (Chapter Eight)
- 9 A few years ago, it was considered 'bad style' to put a preposition at the end of a sentence. Grammar books would tell you that 'To whom did you send the letter?' was better than 'Who did you send the letter to?'  
 But fashions and conventions change and these days it is quite acceptable to end a sentence with a preposition...  
 'Here he was, sitting in a Rolls Royce driven by the wife of the governor of the prison he'd just escaped from.' (Chapter Seven)  
 'I knew that I couldn't give Gerald up.' (Chapter Eight)  
 'I needed more time to think things through.' (Chapter Nine)  
 '...I suppose I needed someone to talk to.' (Chapter Ten)  
 'I can't let the children down.' (Chapter Eleven)  
 'They might even have let you off.' (Chapter Twelve)  
 'But where shall I send the papers to?' (Chapter Thirteen)

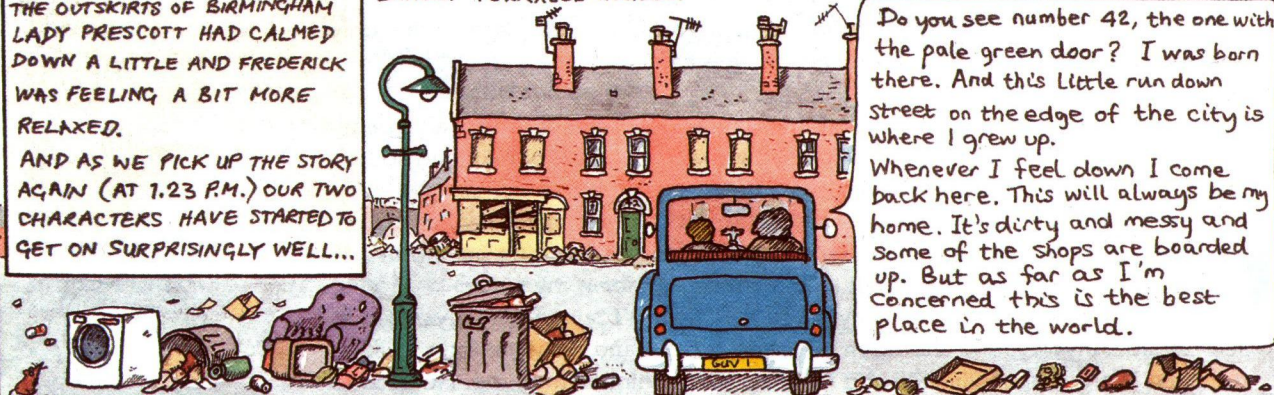
etc...

# CHAPTER EIGHT

BY THE TIME THEY ARRIVED AT THE OUTSKIRTS OF BIRMINGHAM LADY PRESCOTT HAD CALMED DOWN A LITTLE AND FREDERICK WAS FEELING A BIT MORE RELAXED.

AND AS WE PICK UP THE STORY AGAIN (AT 1.23 P.M.) OUR TWO CHARACTERS HAVE STARTED TO GET ON SURPRISINGLY WELL...

THE BLUE ROLLS ROYCE SLOWED DOWN AND THEY DREW UP IN FRONT OF A ROW OF SHABBY TERRACED HOUSES.



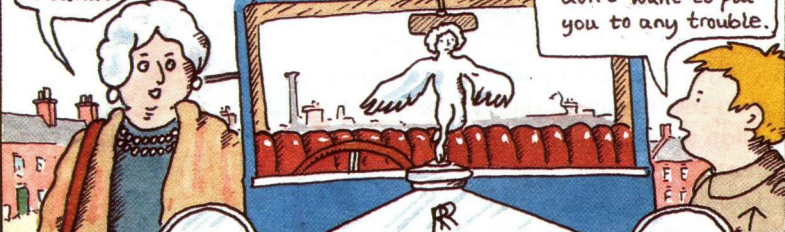
Do you see number 42, the one with the pale green door? I was born there. And this little run down street on the edge of the city is where I grew up.

Whenever I feel down I come back here. This will always be my home. It's dirty and messy and some of the shops are boarded up. But as far as I'm concerned this is the best place in the world.

LADY PRESCOTT PUT ON THE HANDBRAKE, TOOK OFF HER SEATBELT AND STEPPED OUT OF THE CAR.

And now, Mr Carruthers, I'm going for a walk. Would you like me to show you around?

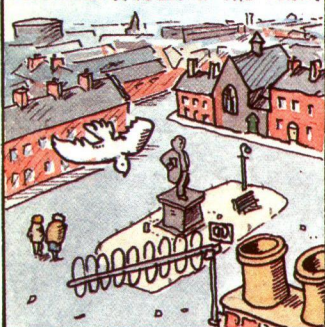
That would be very kind of you. But I don't want to put you to any trouble.



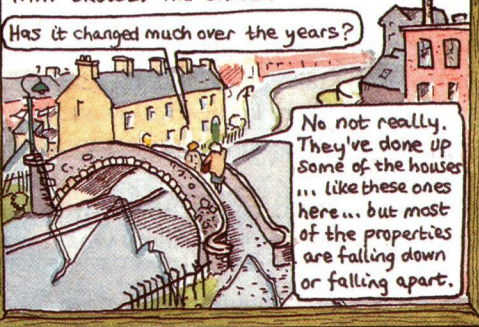
It would be no trouble at all. In fact you'd be doing me a favour. I've got a lot of things on my mind at the moment and I need someone to talk to. So I'd be very grateful if you came and walked with me.

LADY PRESCOTT LOCKED THE CAR.

THEY SET OFF ACROSS THE MARKET SQUARE ON A TOUR OF THE TOWN.



THEY CAME OVER THE NARROW STONE BRIDGE THAT CROSSED THE CANAL.



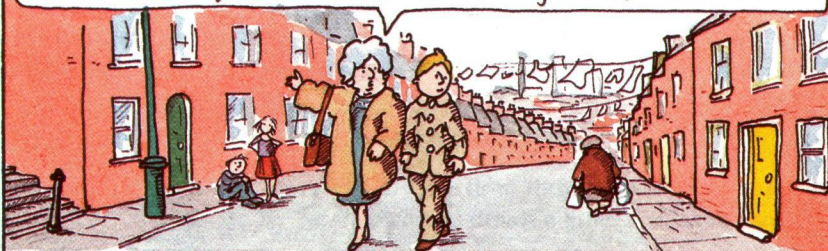
Has it changed much over the years?

No not really. They've done up some of the houses ... like these ones here ... but most of the properties are falling down or falling apart.

And - anyway - I'd be a bit sad if they knocked everything down and put up one of those ugly tower blocks. Perhaps it's better to keep it the way it is. I don't want them tearing down my childhood. They should leave my home alone.

You say this is your home. But then why did you go away?

Whenever there's an election, the politicians come round and knock on the door. They promise to pull down the terraced housing and build some new flats. But after the votes are counted, they never seem to get round to it. It's strange that, isn't it?



**The story continues...**

'Oh, that's simple,' Lady Prescott replied. 'I fell in love. Strange though it may seem, I left Birmingham to be with Gerald Prescott – the gutless, brainless, spineless fool who is now governor of Newtown Prison. You look a bit surprised, Mr Carruthers. Then perhaps I should explain.'

There was a time when my husband was a bright, tender young man. It's only recently that he's turned into a workaholic who eats, drinks and sleeps prison life.

I met him when I was just eighteen. I was in my last term at school and Gerald was studying at the local technical college. He was absolutely broke and so he'd taken a part-time job at a take-away restaurant called The Birmingham Big Burger Bar. The take-away was in Crawford Street. It was on my way home from school. One day, I went in to get some chips. Gerald was serving behind the counter. He smiled at me and I felt a cold shiver run down my spine.

After that I went to the take-away every day. I wasn't hungry. I just wanted to see Gerald. Anyway, one afternoon he asked me out and we went for a walk in the park. We got on really well and I started seeing him all the time. He used to walk me to school in the morning and he'd come and pick me up when the classes were over. And then – all of a sudden – I fell in love with him. I don't know why. It just happened that way.

When my father found out what was going on, he went crazy. He didn't want his only daughter going out with someone who cooked hamburgers in a take-away. He told me that I had to stop seeing Gerald straightaway.

I had to make a choice. Should I obey my father and split up with the person I loved? Or should I defy my parents and go on seeing him? It didn't take me long to make up my mind! I knew that I couldn't give Gerald up. And so I had to work out some way of deceiving my parents.

The plan was simple. I pretended that I'd obeyed my father. I said that I'd broken up with Gerald. I cried for two or three days and went through ten packets of tissues. I stopped eating and slammed lots of doors. I put on a really good show. My parents were completely taken in.

But whenever my father's back was turned, I would slip out of the house and go and meet Gerald secretly, in the park or at the take-away. When I came home, I made up some story or other to explain where I'd been. "I was at a friend's house playing records" or "I was visiting a museum in the centre of the town".

My father seemed happy that I'd suddenly made lots of new friends who had money in their pockets and didn't cook burgers. But he didn't know what I was really up to...

Lady Prescott suddenly broke off and – for the next minute or so – they walked on in silence. Frederick looked straight ahead. He said nothing. There was no need to talk. They crossed a main road and walked past a school. And then, as they turned down a narrow side street, Lady Prescott picked up the story again...

## Practice

- 14 love childhood houses spine street  
handbrake seat belt mind workaholic Gerald

- 1 This little run-down \_\_\_\_\_ on the edge of the city is where I grew up.
- 2 Lady Prescott put on the \_\_\_\_\_
- 3 ...and took off her \_\_\_\_\_.
- 4 They've done up some of the \_\_\_\_\_.
- 5 I don't want them tearing down my \_\_\_\_\_.
- 6 There was a time when my husband was a bright, tender young man. It's only recently that he's turned into a \_\_\_\_\_.
- 7 I felt a cold shiver run down my \_\_\_\_\_.
- 8 And then – all of a sudden – I fell in \_\_\_\_\_ with him.
- 9 It didn't take me long to make up my \_\_\_\_\_!
- 10 I knew that I couldn't give \_\_\_\_\_ up.

- 15 out out out on on  
up up around round at

- 1 By the time they arrived \_\_\_\_\_ the outskirts of Birmingham, Lady Prescott had calmed down a little.
- 2 And as we pick up the story again, our two characters have started to get \_\_\_\_\_ surprisingly well.
- 3 This little run-down street on the edge of the city is where I grew \_\_\_\_\_.
- 4 And now, Mr Carruthers, I'm going for a walk. Would you like me to show you \_\_\_\_\_?
- 5 They've done \_\_\_\_\_ some of the houses...like these ones here...but most of the properties are falling down or falling apart.
- 6 But after the votes are counted, they never seem to get \_\_\_\_\_ to it. It's strange that, isn't it?
- 7 One afternoon, he asked me \_\_\_\_\_ and we went for a walk in the park.
- 8 When my father found \_\_\_\_\_ what
- 9 ...was going \_\_\_\_\_, he went crazy.
- 10 He didn't want his only daughter going \_\_\_\_\_ with someone who cooked hamburgers in a take-away.

## Notes

- 1 *to calm down* = to relax

'By the time they arrived at the outskirts of Birmingham, Lady Prescott had calmed down a little...' (Chapter Eight)

'Now calm down. And go through the whole story right from the start.'  
(Chapter Two)

- 2** *to get on with (someone)* = to have a good relationship with (someone)

'...our two characters have started to get on surprisingly well.' (Chapter Eight)

'We got on really well and I started seeing him all the time.' (Chapter Eight)

- 3** *to feel down* = to feel depressed

'Whenever I feel down, I come back here.' (Chapter Eight)

'Frederick was staring deep into his coffee. Telling the story of the kidney machines had brought back some painful memories. And he suddenly felt very down.' (Chapter Twelve)

- 4** *to have something on your mind* = to be worried about something

'Lady Prescott paused. There was something on her mind.' (Chapter Ten)

'I've got a lot of things on my mind at the moment and I need someone to talk to.' (Chapter Eight)

- 5** Compare...

'And now, Mr Carruthers, I'm going for a walk. Would you like me to show you around?' (Chapter Eight)

and

'The woman showed them into the Managing Director's office and sniffed again.' (Chapter Twelve)

- 6** *to do up* (a flat, house, building, etc.) = to renovate, to repaint, to redecorate, etc.

'They've done up some of the houses...like these ones here...but most of the properties are falling down or falling apart.' (Chapter Eight)

◆ They did up the flat and then sold it.

- 7** *to come round (here)* = to go round (there) = to visit

'The politicians come round and knock on the door.' (Chapter Eight)

'Gerald went round to see my father. They had a long talk and – somehow – they sorted the whole thing out.' (Chapter Nine)

- 8** *to get round to* (= to find the time to do something) is often used in a slightly negative sense, suggesting that someone is too lazy, too uncaring or too selfish to bother to do something...

'But after the votes are counted, they never seem to get round to it. It's strange that, isn't it?' (Chapter Eight)

(Lady Prescott is suggesting that once the politicians are elected, they no longer care about the people who voted for them.)

- 9** *going on* = happening

'When my father found out what was going on, he went crazy.' (Chapter Eight)

'He'd realised what had been going on behind his back.' (Chapter Nine)

# CHAPTER NINE

On my last day at school Gerald asked me to marry him. As you can imagine I felt tremendously flattered. But I turned him down. I told him I was just too young to settle down. I needed more time to think things through.

For the next few months we played a sort of game. He kept on proposing and I kept on saying 'No'.

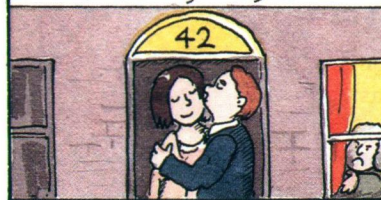


But then one night - it was May 10th - everything changed. I told my father I was going to a poetry reading in the local Town Hall. In fact, I slipped out of the side door and went to the cinema with Gerald.

When the film was over we caught the last bus home but - along the way - the bus broke down and all the passengers had to get off and walk.



It was four miles from the city centre to my house and by the time we got home it was very late. Gerald saw me to the door, kissed me on the cheek and then said goodnight.



It was now 2 o'clock in the morning. I took out my key and let myself in as quietly as I could. My father was waiting for me in the hall. He normally went to bed at about 11 but - that night - he'd decided to stay up until I got in.



He was furious. He'd seen Gerald bringing me to the door and - at that moment - he'd realised what had been going on behind his back. I'd never seen my father so angry. I thought he was going to hit me! So, I ran past him and went straight up to bed.



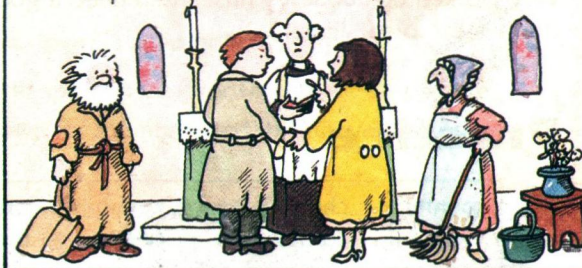
The next morning at breakfast we had a huge row. He shouted at me. I shouted at him. And it ended up with me packing a suitcase and storming out of the house. I went straight round to Gerald's flat and we decided to run away.



Can you imagine it? Me and Gerald running away!



Anyway, to cut a long story short, we eloped to Newtown and got married in the local church. It was a very quiet wedding. Just me, Gerald, the vicar and a couple of witnesses. All very romantic!

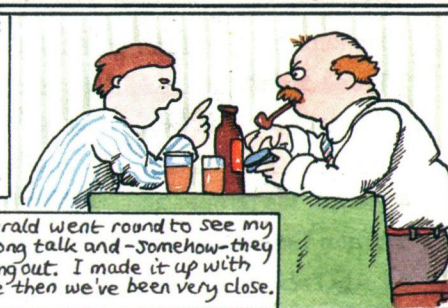


As soon as the service was over I rang up my parents to tell them what we'd done.



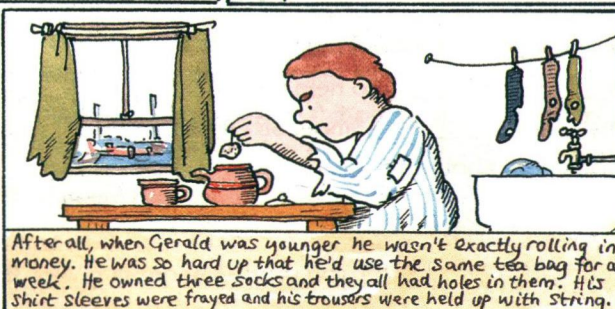
My father was stunned and hurt. He lost his temper and slammed down the phone.

For the next few months we went through a really bad patch. I didn't go back to the house and whenever I rang home there were long pregnant pauses. It was all very awkward.



But then one day Gerald went round to see my father. They had a long talk and - somehow - they sorted the whole thing out. I made it up with my parents and since then we've been very close.

And I suppose that now - looking back - I can appreciate what my mother and father were going through. I was their only daughter and they didn't think my husband was good enough for me.



After all, when Gerald was younger he wasn't exactly rolling in money. He was so hard up that he'd use the same tea bag for a week. He owned three socks and they all had holes in them. His shirt sleeves were frayed and his trousers were held up with string.



LADY PRESCOTT SIGHED AND SMILED. A SINGLE TEAR RAN DOWN HER CHEEK.

Ah, those were happy days.

**The story continues...**

Lady Prescott broke off and – once again – they walked on in silence.

It was now mid-afternoon and the streets were empty. There was a stillness in the cool summer air, as if the world had paused for thought. No birds sang. No cows mooed. No ducks quacked. No sheep baaed. No dogs woofed. No cats miaowed. In fact, on that bright, soft, tranquil day, there was only one sound to be heard – the low, continuous rumbling of Frederick's empty stomach, for twenty-four hours starved of food.

They walked down a couple of alleyways and then, as they turned into the main road, they came upon a postman riding a bicycle. The bicycle was very old and it had no springs. And so, as he rode across the cobblestones, he seemed to be nodding his head and shaking his head all at the same time.

Lady Prescott was talking again: 'Do you know where we are, Mr Carruthers? This is Crawford Street. And at the end of this row of shops, there's The Birmingham Big Burger Bar – where I met Gerald all those years ago. Look, I don't know about you, but I'm starving. Why don't we pop in there and have a late lunch? They serve the best beefburgers in town!'

Frederick seemed a little agitated. 'I could do with a meal too,' he said. 'But I'm afraid I don't have a penny on me. You see, I went out in rather a hurry last night.'

Lady Prescott smiled. 'But you must be my guest, Mr Carruthers. You've gone out of your way to help me and you've put up with all my complaints about Sir Gerald. Paying for lunch will be my way of paying you back for all your kindness. Come on, I insist. I've had a long and difficult day. I'm tired out and very worked up about my husband. I need a good meal to calm me down and I don't want to eat alone.'

**Practice****16**

penny	cheek	key	proposing	husband
way	complaints	phone	money	back

- 1 He kept on \_\_\_\_\_ and I kept on saying 'no'.
- 2 I took out my \_\_\_\_\_ and let myself in.
- 3 At that moment, he'd realised what had been going on behind his \_\_\_\_\_.
- 4 He lost his temper and slammed down the \_\_\_\_\_.
- 5 When Gerald was younger, he wasn't exactly rolling in \_\_\_\_\_.
- 6 Lady Prescott sighed and smiled. A single tear ran down her \_\_\_\_\_.
- 7 I'm afraid I don't have a \_\_\_\_\_ on me.
- 8 You've gone out of your \_\_\_\_\_ to help me.
- 9 You've put up with all my \_\_\_\_\_ about Sir Gerald.
- 10 I'm tired out and very worked up about my \_\_\_\_\_.

- 17
- |     |     |         |    |      |
|-----|-----|---------|----|------|
| out | out | to      | to | with |
| on  | on  | through | at | at   |

- 1 On my last day \_\_\_\_\_ school, Gerald asked me to marry him.
- 2 I needed more time to think things \_\_\_\_\_.
- 3 He kept \_\_\_\_\_ proposing.
- 4 I told my father I was going \_\_\_\_\_ a poetry reading in the local Town Hall.
- 5 I took \_\_\_\_\_ my key and let myself in.
- 6 He'd realised what had been going \_\_\_\_\_ behind his back.
- 7 He shouted \_\_\_\_\_ me.
- 8 We eloped \_\_\_\_\_ Newtown and got married in the local church.
- 9 They had a long talk and – somehow – they sorted the whole thing \_\_\_\_\_.
- 10 You've put up \_\_\_\_\_ all my complaints about Sir Gerald.

### Notes

1 *to turn (someone or something) down* = to say 'no' to (an offer, proposal, suggestion or application)

2 *to settle down* can mean 'to start to live in one place or situation permanently'.

'I was just too young to settle down.' (Chapter Nine)

But notice a slightly different meaning in Chapter Fifteen:

'The prisoners had settled down for the night and the jail was locked and still.'

3 *to think (something) through* = *to think (something) over*  
= to consider (a proposal, plan, situation, etc.)  
very carefully

'I needed more time to think things through.' (Chapter Nine)

"'We're going to give you twenty-four hours to think it over,'" he said.'  
(Chapter Eleven)

4 'I let myself in' = I opened the door with a key

5 *it ended up...* = the result was...

6 *a pregnant pause* = an embarrassing silence

7 *to sort (something) out* = to solve (a problem, issue, argument, dispute, etc.)

'Gerald went round to see my father...and – somehow – they sorted the whole thing out.' (Chapter Nine)

'We had a long talk on the phone and we sorted a few things out.' (Chapter Thirteen)

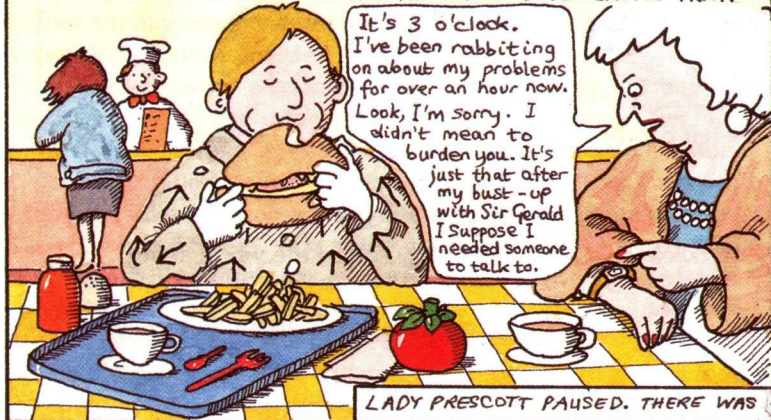
8 *to make it up with (someone)* = to re-establish a friendship or a loving relationship

9 *rolling in money* = very rich

10 *hard up* = very poor

# CHAPTER TEN

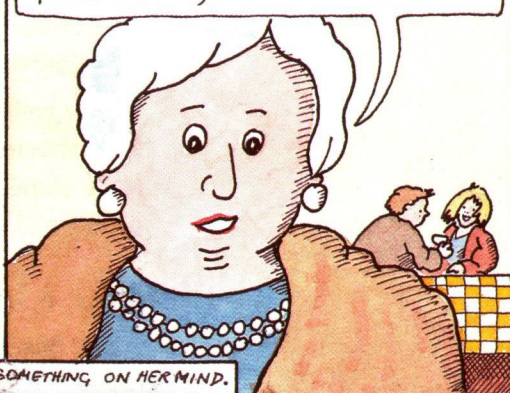
LADY PRESCOTT WAS RIGHT ABOUT THE FOOD. IT WAS DEFINITELY THE BEST BURGER THAT FREDERICK HAD EVER TASTED. BUT THAT WAS HARDLY SURPRISING. HE WAS SO HUNGRY THAT HE COULD HAVE EATEN THE SERVIETTES AND THE CHEAP BLUE PLASTIC TRAY.



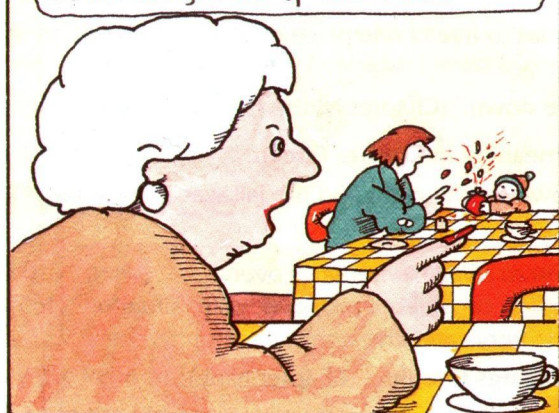
It's 3 o'clock. I've been rabbiting on about my problems for over an hour now. Look, I'm sorry. I didn't mean to burden you. It's just that after my bust-up with Sir Gerald I suppose I needed someone to talk to.

LADY PRESCOTT PAUSED. THERE WAS SOMETHING ON HER MIND.

Mr. Carruthers, I want to ask you a question. When I drove into that layby you were standing around with your hands in your pockets looking like a down-and-out.



But you have an honest, kindly face and you're obviously an intelligent man. So how did you end up like that?



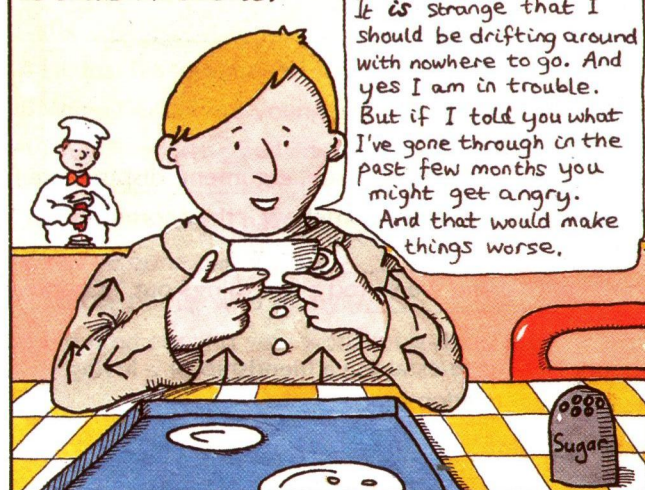
There must be something wrong. And I think it's time for you to tell me the truth. Why were you wandering around near the motorway with no money in your pocket and those very strange clothes?



FREDERICK SAID NOTHING. HE LOOKED DOWN AT THE TABLE AND STIRRED HIS COFFEE WITH A SPOON.

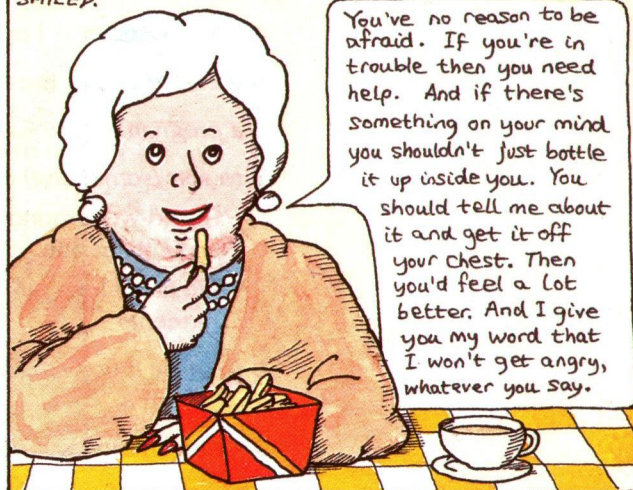
HE DIDN'T KNOW WHAT TO DO. HE WANTED TO EXPLAIN THINGS BUT HE WASN'T SURE WHETHER HE COULD TRUST LADY PRESCOTT. AFTER ALL, SHE WAS THE WIFE OF THE GOVERNOR OF THE PRISON HE'D JUST ESCAPED FROM. IF SHE FOUND OUT THAT HE WAS A CONVICT ON THE RUN PERHAPS SHE'D TURN HIM IN AND THEN HE MIGHT END UP IN CELL 269 AGAIN.

FREDERICK LOOKED UP. HE BROKE THE SILENCE.



You're right of course. It is strange that I should be drifting around with nowhere to go. And yes I am in trouble. But if I told you what I've gone through in the past few months you might get angry. And that would make things worse.

LADY PRESCOTT FINISHED OFF HER FRENCH FRIES AND SMILED.



You've no reason to be afraid. If you're in trouble then you need help. And if there's something on your mind you shouldn't just bottle it up inside you. You should tell me about it and get it off your chest. Then you'd feel a lot better. And I give you my word that I won't get angry, whatever you say.

### The story continues...

Frederick sighed. 'Perhaps you're right,' he said. 'And, after all, what have I got to lose? Well, the truth is that up until two years ago, I was leading a very simple and predictable life. I had a steady job, a beautiful home and a loving family. Then, all of a sudden, something happened that changed everything. My whole world just fell apart.'

Frederick broke off. He seemed a little uneasy.

'Go on,' Lady Prescott said gently.

'Well, it's a very long story,' Frederick replied. 'And I don't really know where to begin.'

'Try the beginning,' said Lady Prescott, putting a straw into her milkshake. 'I'm in no hurry. I'm going to drink this very, very slowly.'

Frederick took a deep breath and picked up the story again. 'My mother is a nurse in a small hospital,' he said. 'She looks after sick children. She's a wonderful, extraordinary woman and she works incredibly hard.'

One day, I drove down to the hospital to pick my mother up after work. We were going out to dinner. I parked the car and, as I was walking through one of the wards, I could hear a child crying very softly. I looked across and saw a little boy. He must have been about eight or nine. He was so ill that he couldn't sit up in bed properly. He had to lie against pillows all day long. It was terrible. He was pale, lifeless, too weak to move.

The next day, I rang up the manager of the hospital and asked about the little boy. She told me that all the children in that ward had problems with their kidneys.

"And is there nothing you can do?" I asked.

"I'm afraid not," she said. "What we really need is half a dozen kidney machines. Then the children would be able to get out of bed and walk around the ward. But, unfortunately, the hospital is very short of money. We're so hard up that we can't afford to buy one machine, let alone six. So, I'm afraid the children will just have to suffer."

When I put down the phone, I felt terribly disturbed. It was so sad, so shocking, so unfair. I decided that I had to find a way to help the children. I couldn't stand by and do nothing.

At first, I couldn't think what to do. But then – all of a sudden – I came up with an idea. I was a bank manager and a lot of money passed through my hands. During a normal working day, I would write out ten, maybe twelve, official cheques for different things – stationery, coffee, furniture, stamps and so on. I'd worked at the bank for thirty years, so everybody knew me. And nobody ever checked up on what I was doing. I suppose I had an honest face and they just trusted me!

One afternoon – it was a Wednesday – I called my secretary into the office and told her to cancel my appointments. When she'd left the room, I took the phone off the hook and drew the curtains. Then I took the official cheque book out of the safe and wrote a cheque to myself!

Pay Mr F. Carruthers,  
£100.00 only  
Signed Frederick Carruthers.

It was breathtakingly, outrageously simple. A bank manager stealing money from his own bank!

FREDERICK	LADY PRESCOTT	SIR GERALD	LADY PRESCOTT'S FATHER

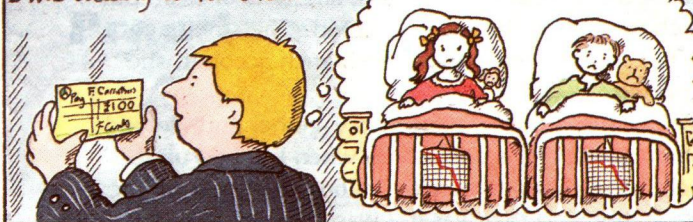
- 1 ...held out his hand?
- 2 ...felt a bit let down?
- 3 ...took off the handbrake?
- 4 ...was like a dragon breathing fire?
- 5 ...sat back?
- 6 ...put her foot down?
- 7 ...calmed down?
- 8 ...grew up at number 42?
- 9 ...showed Frederick around?
- 10 ...had a lot of things on her mind?
- 11 ...worked in a take-away?
- 12 ...kept on proposing?
- 13 ...kept on saying 'no'?
- 14 ...took out a key?
- 15 ...stayed up?
- 16 ...stormed out of the house?
- 17 ...eloped to Newtown?
- 18 ...slammed down the phone?
- 19 ...rabbited on?
- 20 ...came up with an idea?

- 1 *to rabbit on* = to talk on and on and on and on...
- 2 a *bust-up* = an argument
- 3 *to bottle (something) up inside you* is the opposite of 'to get (something) off your chest'.
- 4 Compare...  
'My whole world just fell apart.' (Chapter Ten)  
'But most of the properties are falling down or falling apart.' (Chapter Eight)  
and  
'How could a good man end up like this? He's falling apart.' (Chapter Twelve)
- 5 *to break off* = to pause; to stop talking
- 6 *out* often means 'outside the house'.  
'Anyway, one afternoon, he asked me out and we went for a walk in the park.' (Chapter Eight)  
'We were going out to dinner.' (Chapter Ten)  
'And that night, the Carruthers family, Angus Macpherson and Sir Gerald and Lady Prescott dined out in style.' (Chapter Fourteen)

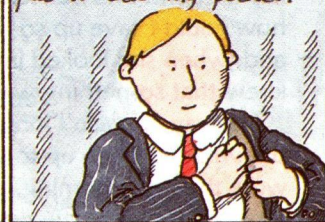
# CHAPTER ELEVEN

At the age of 45 I was about to commit my first crime. I looked at the cheque. My head was spinning. This was robbery. Was I doing the right thing? Could I get away with it? Should I just tear up the cheque and throw it away? Perhaps I should forget about the whole thing.

But then I thought about the children in the hospital. They needed the money more than the bank. I was stealing it for them.



So, I took a deep breath, folded the cheque up and put it into my pocket.



I left the office and took a taxi to another branch of the bank. I knew one of the cashiers there. We chatted for a while. And then, with my heart pounding, I paid the cheque into my current account. Three days later the payment cleared. I had stolen my first £100. The following week I did the whole thing again. Another cheque. The same branch. The same cashier. The same fear. The same excitement when the money was cleared into my account.

And so it went on. Week after week I stole money from the bank and each cheque was a little bigger than the last.



You've no idea how I felt. I was risking everything I had - my career, my family life, my reputation. But, nothing was going to stop me now. The image of the little boy crying on his pillow haunted me. I couldn't get it out of my mind. And I had to do something to help.

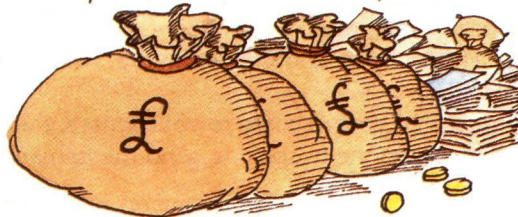


I think the next few weeks were the most exciting of my life. In some strange way I'd suddenly come alive. I was sharp, human, burning with anger. And I suppose I got a bit carried away. I was soon writing cheques for five and ten thousand pounds. It was crazy. Sometimes, the cashier seemed a bit suspicious. She couldn't work out what the payments were for. But - each week - I made up some new story to explain the cheques away. And she fell for it every time.



I suppose it never occurred to her that Frederick Carruthers - her punctual, conscientious friend - could have turned into a common thief, an embezzler, a liar, a man obsessed.

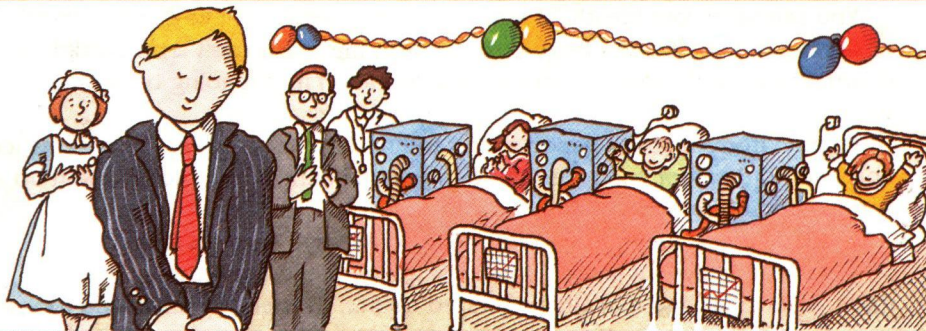
By that summer I'd managed to save up a quarter of a million pounds.



One morning I didn't go into work. I walked into the hospital and wrote out a cheque for every penny I had. The manager went straight out and bought six new kidney machines.



A few days later we had a small ceremony in the ward. It was a bit like launching a ship, or opening a bridge! I unwrapped the machines, plugged them in and switched them on. And then as the lights flashed the children gave me a round of applause that seemed to go on forever. I felt very proud. It was the best moment of my life.



**The story continues...**

But then – inevitably, I suppose – my luck failed.

Someone at Head Office became suspicious. How could a branch manager afford to donate £250,000 to a hospital?

The Head of Finance went to the central computer and started going through my account. She noticed that I'd been building up large amounts of cash. But how could I save up so much money on the salary I earned? She smelt a rat and, when she looked into the strange dealings on the branch account, she knew that something was wrong.

Anyway, it wasn't long before she'd put two and two together and worked out what I'd been up to. She tipped off the police and, when I turned up for work the next morning, there were three detectives waiting in my office. They took me down to the police station and that was it. I was charged with theft and my world just fell apart. The trial was fixed for December 18th – just one week before Christmas!

Two days before I was due in court, a director of the bank came to see me. He came straight to the point. He offered me a deal. He said they would drop all the charges if I paid the money back.

"But how can I do that?" I asked. "The hospital have spent it all."

"That's simple," the man said. "Tell the hospital that you've changed your mind. Tell them it was all a mistake. Just tell them to send the machines back."

"But what about the children?" I said.

The man shrugged his shoulders. "Our bank is a business, Mr Carruthers. It's not a charity. And if you don't get our money back, you'll end up in jail. It's as simple as that. It's up to you. But you can't have it both ways."

He stood up. "We're going to give you twenty-four hours to think it over," he said. "You don't have to decide right away. You can sleep on it. I'll come back tomorrow and you can tell me what you've decided. But just remember one thing, Mr Carruthers. You can't rip the bank off and expect to get away with it. Life's not like that. And we will hunt you down until we get every penny of our money back. I trust I've made myself clear. Good afternoon."

That night, I lay awake in my cell and thought the whole thing through. Was I being stupid? Should I save my own skin? Was it all worth fighting for? I went over it again and again.

The man from the bank came back the next day. He walked into my cell with a stupid smirk on his face. He was so sure of himself. So confident. He thought I was going to give in without a fight. He sat down and grinned at me. And at that moment, I noticed he had false teeth.

"So, Mr Carruthers," he began. "I trust that you've come to your senses. I've prepared this letter for you to sign. It instructs the hospital to send the items in question back to the factory and..."

I held up my hand and the man from the bank stopped talking.

"You can save your breath," I said. "Put the letter away. I've got no intention of signing it. I've decided to go through with the trial. I can't let the children down. I promised them six kidney machines and I'm not going back on my word."

The man from the bank gaped at me and his false teeth fell out. They crashed noisily onto the floor and rolled under my bed. I bent down, picked them up and handed them back to him.

"I believe these are yours," I said. You should have seen his face!

And so the trial went ahead. I pleaded guilty, the judge sentenced me to three years in jail and that's how I ended up in... Frederick paused and took a

deep breath, '...in Newtown Prison...from where I escaped at eleven o'clock last night.'

Lady Prescott blinked twice. She didn't seem at all shocked or upset by the fact that Frederick was a convict on the run from her husband's jail. In fact, her one and only concern was for the children in the ward.

## Practice

- 19**
- |          |       |        |       |        |
|----------|-------|--------|-------|--------|
| account  | hand  | jail   | story | cheque |
| payments | trial | police | bank  | office |

- 1 I looked at the \_\_\_\_\_. My head was spinning.
- 2 She couldn't work out what the \_\_\_\_\_ were for.
- 3 But – each week – I made up some new \_\_\_\_\_ to explain the cheques away.
- 4 The Head of Finance went to the central computer and started going through my \_\_\_\_\_.
- 5 She tipped off the \_\_\_\_\_.
- 6 ...and when I turned up for work the next morning, there were three detectives waiting in my \_\_\_\_\_.
- 7 If you don't get our money back, you'll end up in \_\_\_\_\_.
- 8 You can't rip the \_\_\_\_\_ off and expect to get away with it.
- 9 I held up my \_\_\_\_\_ and the man from the bank stopped talking.
- 10 I've decided to go through with the \_\_\_\_\_.

- 20**
- |         |    |    |     |       |
|---------|----|----|-----|-------|
| through | in | in | to  | 'with |
| up      | of | of | for | for   |

- 1 It's up \_\_\_\_\_ you.
- 2 That night, I lay awake \_\_\_\_\_ my cell
- 3 ...and thought the whole thing \_\_\_\_\_.
- 4 Was it all worth fighting \_\_\_\_\_?
- 5 He was so sure \_\_\_\_\_ himself.
- 6 He thought I was going to give \_\_\_\_\_ without a fight.
- 7 I've prepared this letter \_\_\_\_\_ you to sign.
- 8 I've got no intention \_\_\_\_\_ signing it.
- 9 I've decided to go through \_\_\_\_\_ the trial.
- 10 And that's how I ended \_\_\_\_\_ in Newtown Prison.

## Notes

- 1 'It was a bit like launching a ship...' (Chapter Eleven)  
You can also launch a rocket, a campaign, a new product and an attack.
- 2 'she smelt a rat' = she became suspicious; she realised that something was wrong
- 3 *to be up to (something)* = to be acting secretly, suspiciously or conspiratorially
- 4 Compare...  
'...a director of the bank came to see me.' (Chapter Eleven)  
'He came straight to the point.' (Chapter Eleven)  
and  
'I trust that you've come to your senses.' (Chapter Eleven)  
You can also come to an agreement and to a conclusion.
- 5 'It's up to you' = It's your decision
- 6 *to rip (someone) off* = to cheat (someone); to trick (someone); to take unfair advantage of (someone)  
'You can't rip the bank off and expect to get away with it.' (Chapter Eleven)  
'And Karen Blackstone got a promise that the Head of Charity Donations would never let on how to rip off the bank.' (Chapter Thirteen)
- 7 *to give in* = to surrender; to stop fighting

# CHAPTER TWELVE

There's one thing I don't understand. Why didn't you tell the court what you did with the money? Then they would have seen things in a different light. They would have reduced your sentence. They might even have let you off.

I thought of that. But then the judge would have ordered the hospital to sell the machines and pay the money back. And that was the last thing I wanted. I may have got out of going to prison but what would have happened to the children? I couldn't take that risk.

LADY PRESCOTT SHOOK HER HEAD. I can't decide if you were very brave or very stupid. But I have to admire what you did. And you nearly got away with it. You were really quite unlucky.

Now I don't condone stealing. Theft is theft and you deserved to be punished. But after two years in jail you've paid off your debt.

A SILENCE FELL BETWEEN THEM. FREDERICK WAS STARING DEEP INTO HIS COFFEE. TELLING THE STORY OF THE KIDNEY MACHINES HAD BROUGHT BACK SOME PAINFUL MEMORIES. AND HE SUDDENLY FELT VERY DOWN.

How could a good man end up like this? He's falling apart. I must help him. I can't just stand by and do nothing.

AND WITH THAT SHE SUDDENLY STOOD UP AND PICKED UP HER BAG.

Would you excuse me, Mr Carruthers? I have a couple of calls to make.

LADY PRESCOTT WALKED OVER TO THE PAY PHONE IN THE CORNER OF THE ROOM. SHE TOOK A YELLOW DIARY OUT OF THE BAG AND LOOKED UP A NUMBER. THEN SHE PICKED UP THE RECEIVER, PUT SOME COINS INTO THE SLOT AND STARTED DIALLING.

FREDERICK TURNED HIS FACE AND LOOKED OUT AT CRAWFORD STREET. THERE WERE NOW LOTS OF PEOPLE ABOUT. IT WAS HALF PAST THREE AND THE LOCAL SCHOOL HAD JUST BROKEN UP FOR THE DAY. A YOUNG GIRL CAME IN AND ORDERED SOME CHIPS.

LADY PRESCOTT FINISHED HER FIRST CALL AND PUT DOWN THE PHONE. THEN SHE TURNED ROUND AND LOOKED ACROSS AT FREDERICK. HE WAS MILES AWAY, STARING OUT OF THE WINDOW.

SHE PICKED UP THE PHONE AGAIN AND DIALED A SECOND NUMBER.

A FEW MINUTES LATER SHE WAS THROUGH.

Is that Newtown Prison? This is Lady Prescott. I want to speak to my husband.

**The story continues...**

Lady Prescott came back to the table and sat down. 'I made a call to a friend of mine, Mr Carruthers. She'd like to meet you. I said we'd be in her office just after five. So why don't you drink up your coffee and eat up your cheeseburger and finish off the French fries, and then we can set off.'

'But where are we going?' Frederick said. 'And who is your friend?'

'For the moment, that must remain a secret,' Lady Prescott replied. 'But she's an important woman and I think she can help you. Oh, and do cheer up, Mr Carruthers. You mustn't worry so much. It'll all work out in the end.'

Frederick drank up his coffee, ate up his cheeseburger, finished off his French fries and then stood up.

They walked back to the car – along Crawford Street, down a couple of side alleys, over the stone bridge that crossed the canal. And a few minutes later, the blue Rolls Royce was on the road again.

Frederick was exhausted. The last twenty-four hours were beginning to catch up with him. And, as the car sped on down the motorway, he closed his eyes and gently nodded off, falling ever deeper into sleep.



A couple of hours later, Frederick felt someone tapping on his shoulder.

'Come along, Mr Carruthers,' Lady Prescott said. 'Wake up. We're nearly there.'

Frederick woke up with a start. And at first he thought he was still dreaming. Because there – right ahead of them – was a vast glass and metal building that he knew all too well. But this was no dream. And their car was heading straight for the main entrance.

'Where are you taking me?' Frederick shouted. 'This is the Head Office of my old bank. You've set me up, haven't you? You're going to turn me in! I should never have trusted you. Stop the car right now! Let me out!'

Frederick took off his seat belt and tried to get out of the car. But Lady Prescott turned round and dragged him back inside.

'For goodness' sake, calm down, Mr Carruthers,' she said. 'I haven't set you up and I'm not going to turn you in. And don't get so worked up. You're as bad as my husband. Now just listen to me. When we were in the take-away, I rang up your Head Office and fixed up an appointment with Karen Blackstone. She's a good friend of mine. We went to school together.'

'Karen Blackstone?' Frederick said. 'But she's the Managing Director of the bank.'

'Exactly, Mr Carruthers. And we're on our way to her office. She's going to give you a new job.'

'You must be joking,' said Frederick. 'The bank would never dream of taking me on again. I've got a criminal record for stealing their money.'

'Well, just you wait and see,' Lady Prescott replied. 'I think you're in for a surprise.'

The blue Rolls Royce pulled up in front of a huge skyscraper that seemed to pierce the clouds. They got out of the car and walked through into the main lobby. Then they made their way to the Managing Director's penthouse suite. As the lift rose smoothly to the eighty-ninth floor, Frederick broke out into a cold sweat.

A thousand thoughts were running through his mind. Could he really trust Lady Prescott? Was he walking into a trap? Would the police be there to arrest him again? And what would Karen Blackstone make of his clothes? He stared at himself in the mirror. He wasn't exactly dressed up for the occasion. In the past twenty-four hours, he'd crawled through mud, swum across lakes, climbed up

trees, jumped onto trains, rolled down hills and put a spare wheel onto the blue Rolls Royce. And now, after all that, he looked like a scarecrow in a thunderstorm. The stains on his shirt and his crumpled prison trousers didn't quite fit in with the thick-pile carpet and the soft leather chairs.

When the lift doors opened, they were met by a tall, angular secretary who took one look at Frederick's bedraggled appearance and gave a shrill sniff of disapproval. The woman showed them into the Managing Director's office and sniffed again. Then she turned and closed the door behind her.

## Practice

- 21**
- |         |          |        |        |        |
|---------|----------|--------|--------|--------|
| clothes | hours    | people | prison | number |
| office  | surprise | start  | mind   | diary  |

- 1 I may have got out of going to \_\_\_\_\_, but what would have happened to the children?
- 2 She took a yellow \_\_\_\_\_ out of the bag
- 3 ...and looked up a \_\_\_\_\_.
- 4 There were now lots of \_\_\_\_\_ about.
- 5 Frederick was exhausted. The last twenty-four \_\_\_\_\_ were beginning to catch up with him.
- 6 Frederick woke up with a \_\_\_\_\_.
- 7 I think you're in for a \_\_\_\_\_.
- 8 A thousand thoughts were running through his \_\_\_\_\_.
- 9 And what would Karen Blackstone make of his \_\_\_\_\_?
- 10 The woman showed them into the Managing Director's \_\_\_\_\_ and sniffed again.

- 22**
- |     |    |      |       |     |
|-----|----|------|-------|-----|
| of  | of | off  | up    | up  |
| out | to | with | apart | for |

- 1 They would have reduced your sentence. They might even have let you \_\_\_\_\_.
- 2 I may have got out \_\_\_\_\_ going to prison, but what would have happened to the children?
- 3 You nearly got away \_\_\_\_\_ it. You were really quite unlucky.
- 4 How could a good man end up like this? He's falling \_\_\_\_\_.
- 5 This is the Head Office of the bank. You've set me \_\_\_\_\_, haven't you?
- 6 Stop the car right now! Let me \_\_\_\_\_!
- 7 And don't get so worked \_\_\_\_\_. You're as bad as my husband.
- 8 Now just listen \_\_\_\_\_ me.
- 9 I've got a criminal record \_\_\_\_\_ stealing their money.
- 10 And what would Karen Blackstone make \_\_\_\_\_ his clothes?

## Notes

### 1 Note the use of...

- a** *to let (someone) off*
- b** *to get away with (something)*
- c** *to get out of (doing something)*

These three phrasal verbs are used when talking about crime and punishment.

**a** *to let (someone) off* = to choose not to punish (someone) for a mistake, sin, error or crime

'They would have reduced your sentence. They might even have let you off.' (Chapter Twelve)

**b** *to get away with (something)* = not to be punished for a mistake, sin, error or crime

'But I have to admire what you did. And you nearly got away with it.' (Chapter Twelve)

**c** *to get out of (doing something)* = to avoid doing something you dislike or fear

'I may have got out of going to prison, but what would have happened to the children?' (Chapter Twelve)

### 2 *to look up (something)* = to look (something) up = to find information in a diary, timetable, reference book, etc.

'She took a yellow diary out of the bag and looked up a number.' (Chapter Twelve)

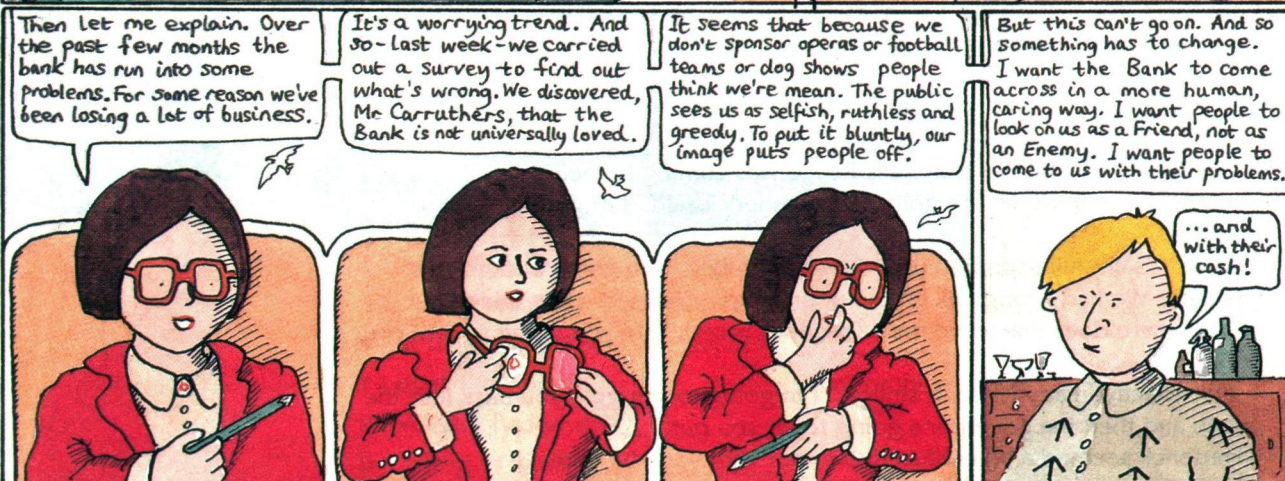
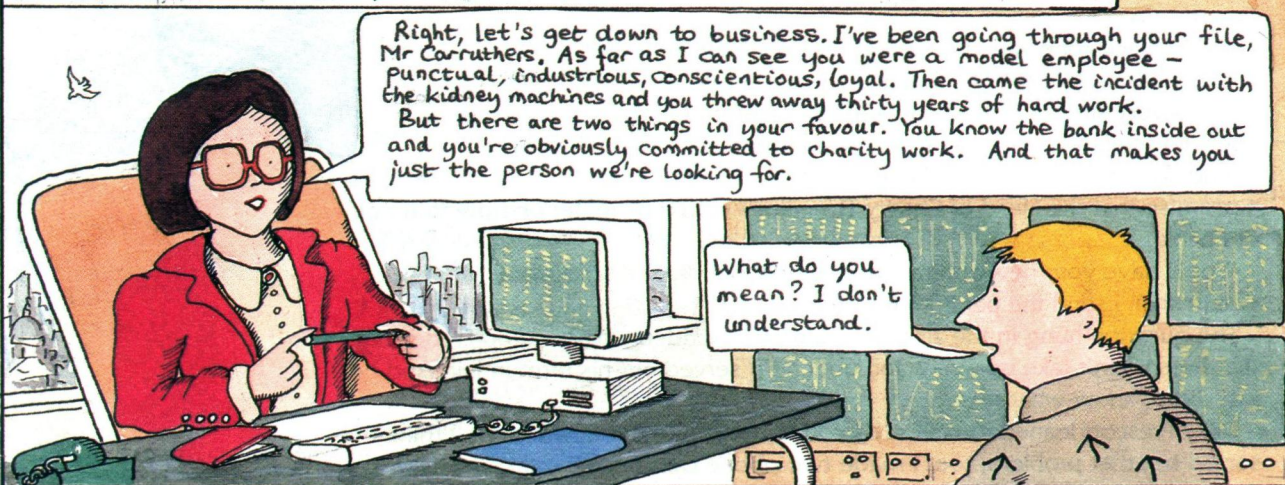
### 3 *he was miles away* = he was daydreaming; he wasn't concentrating

### 4 *Cheer up!* = Don't be so sad!

### 5 *to get worked up* = to become excited, anxious, tense, nervous, etc. (You can also say *to be worked up*.)

# CHAPTER THIRTEEN

WITH THE INTRODUCTIONS OVER, KAREN BLACKSTONE SAT DOWN AND PICKED UP A PENCIL.



KAREN BLACKSTONE CARRIED ON TALKING, IGNORING THAT LAST REMARK.



THE MANAGING DIRECTOR SMILED AND THEN PICKED UP HER PENCIL AGAIN.



**The story continues...**

'And if I was to take up this new challenge,' Frederick said, 'you'd expect me to keep quiet about the events of two years ago. You wouldn't want me to reveal how I showed up the flaws in your security system. In other words, you want to buy my silence.'

Karen Blackstone was drumming her pencil on the table. 'Let's be practical, Mr Carruthers. Not every convict can leave prison and walk straight back into a job. It's very simple. I need you and you need me. It's a case of you scratch my back, I'll scratch yours. I think we understand each other perfectly!'

And so a deal was struck. Frederick got a new job. And Karen Blackstone got a promise that the Head of Charity Donations would never let on how to rip off the bank.

'You'll have your new contract in the morning,' Karen Blackstone said. 'But where shall I send the papers to?'

The question hung in the air like a vulture. It suddenly dawned on Frederick that he couldn't take up a new job until he'd served out his term in jail. And he just didn't know what to say.

Lady Prescott leaned forward. 'If I could just butt in here,' she said. 'I think I've sorted out that problem, too. I made two phone calls from the take-away, Mr Carruthers. The first was to Karen, as you know. The second was to my husband. And you'll be leaving prison much sooner than you think.'



It was now 5.35 and the blue Rolls Royce was coming home.

'Could you tell me what's going on?' Frederick said. 'I'm getting a bit confused.'

'Well, it's all quite simple,' Lady Prescott replied. 'I'm going back to my husband. We had a long talk on the phone and we sorted a few things out.'

'But where does that leave me?' Frederick asked. 'Are you going to turn me in?'

'Not exactly,' Lady Prescott smiled. 'I'm going to smuggle you back into the prison and then the governor's going to let you out.'

Frederick seemed a bit confused. 'I'm not with you,' he said.

Lady Prescott took a deep breath. 'Gerald tells me that you've served two thirds of your sentence. And since you've been a model prisoner, you're now due for parole. There was no need for you to run off like that. They were going to let you out anyway.'

Frederick was getting lost again.

'Let me put it another way,' Lady Prescott said. 'If you'd stayed in, instead of breaking out, the governor would have let you off the last twelve months of your sentence and let you out one year early!'

Frederick's eyebrows collided with each other. The demented goldfish had returned.

Lady Prescott pulled in and stopped the car. 'We'll be there in a few minutes,' she said. 'I've taken a blanket out of the boot. I think it's time for you to hide.'

Frederick had given up trying to work out what was going on. So, rather sulkily, he climbed over onto the back seat and covered himself up. A few moments later, the blue Rolls Royce moved off again and headed for Newtown.

By the time they arrived at the prison gates, night was falling. Lady Prescott slowed down and stopped the car. Then she wound down her window and leaned across.

## Practice

- 23**
- |         |         |           |      |        |
|---------|---------|-----------|------|--------|
| profits | problem | friend    | jail | job    |
| image   | survey  | Frederick | file | pencil |

- 1 Karen Blackstone sat down and picked up a \_\_\_\_\_.
- 2 I've been going through your \_\_\_\_\_, Mr Carruthers.
- 3 We carried out a \_\_\_\_\_ to find out what's wrong.
- 4 To put it bluntly, our \_\_\_\_\_ puts people off.
- 5 I want people to look on us as a \_\_\_\_\_.
- 6 It wouldn't do us any harm to give away some of those \_\_\_\_\_ to worthy causes in the community.
- 7 It suddenly dawned on \_\_\_\_\_ that
- 8 ...he couldn't take up a new \_\_\_\_\_
- 9 ...until he'd served out his term in \_\_\_\_\_.
- 10 I think I've sorted out that \_\_\_\_\_, too.

- 24**
- |     |     |     |         |    |
|-----|-----|-----|---------|----|
| out | out | out | out     | as |
| off | to  | up  | through | on |

- 1 I've been going \_\_\_\_\_ your file, Mr Carruthers.
- 2 We carried \_\_\_\_\_ a survey
- 3 ...to find \_\_\_\_\_ what's wrong.
- 4 The public sees us \_\_\_\_\_ selfish, ruthless and greedy.
- 5 To put it bluntly, our image puts people \_\_\_\_\_.
- 6 But where shall I send the papers \_\_\_\_\_?
- 7 I think I've sorted \_\_\_\_\_ that problem, too.
- 8 Frederick had given \_\_\_\_\_
- 9 ...trying to work \_\_\_\_\_
- 10 ...what was going \_\_\_\_\_.

### Notes

- 1 *to go through* = to check
- 2 '...we carried out a survey...' (Chapter Thirteen)  
You can also carry out an investigation, an attack and a threat.
- 3 'The public sees us as selfish, ruthless and greedy.' (Chapter Thirteen)  
'I want people to look on us as a friend, not as an enemy.' (Chapter Thirteen)

Notice how...

*to see (someone or something) as =*

*to look on (someone or something) as =*

*to consider (someone or something) to be*

- 4** Notice how *to go on*, *to carry on* and *to keep on* are followed by a gerund...

'Karen Blackstone carried on talking, ignoring that last remark.' (Chapter Thirteen)

'He kept on proposing and I kept on saying "no".' (Chapter Nine)

'Or should I defy my parents and go on seeing him?' (Chapter Eight)

- 5** Compare...

*to show up (something)* = to reveal (something) that was previously hidden

'You wouldn't want me to reveal how I showed up the flaws in your security system.' (Chapter Thirteen)

and

*to show (someone) up* = to embarrass (someone) in public

- 6** *a flaw* = a weakness

Note also: 'a flawless diamond' and 'a flawless performance'.

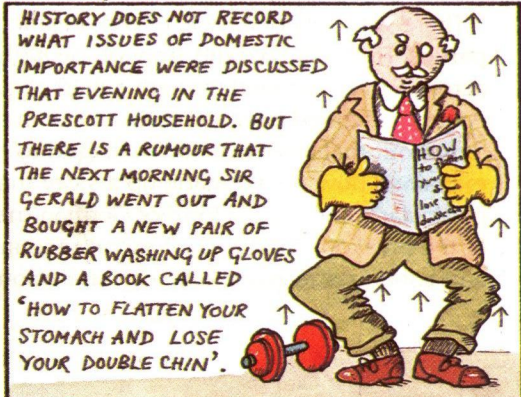
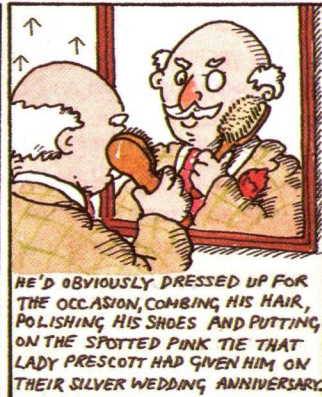
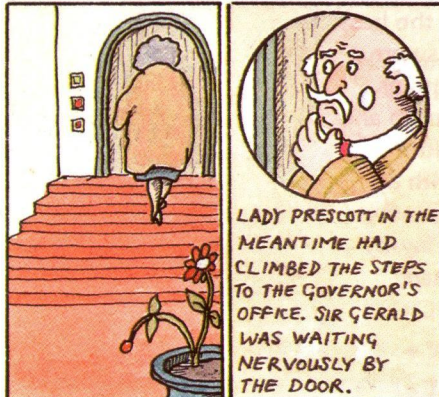
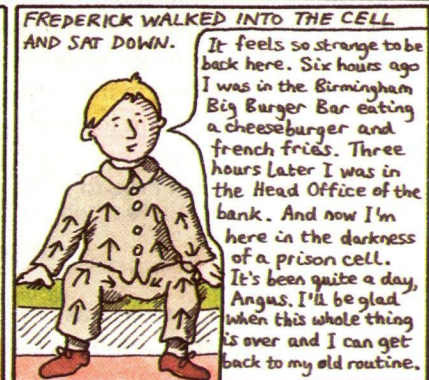
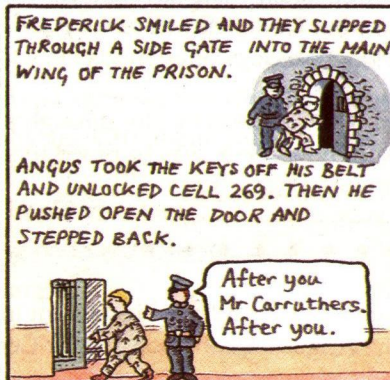
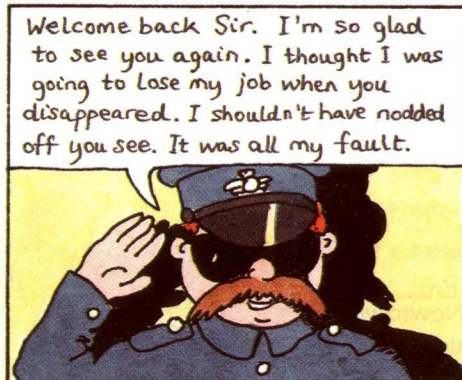
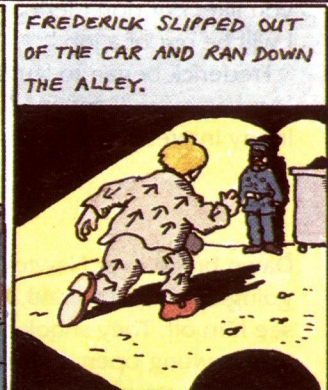
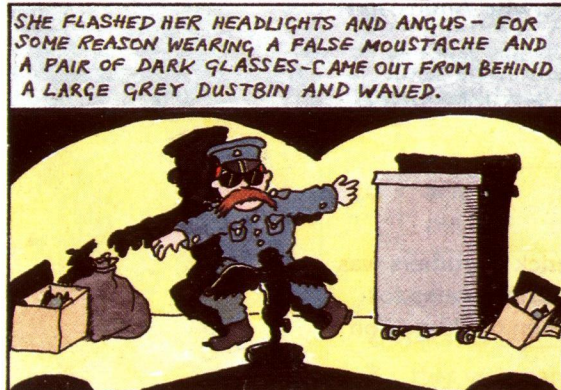
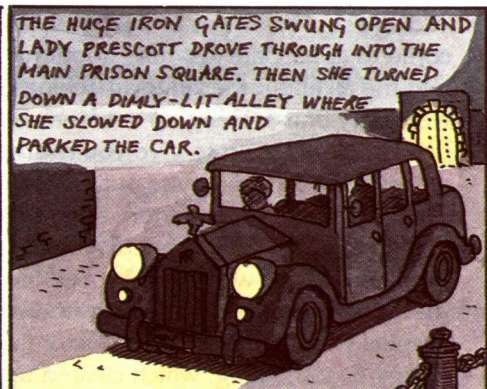
- 7** *to let on* = to reveal (a secret)

'And Karen Blackstone got a promise that the Head of Charity Donations would never let on how to rip off the bank.' (Chapter Thirteen)

'But don't let on that you managed to break out.' (Chapter Fourteen)

- 8** *to butt in* = to interrupt

# CHAPTER FOURTEEN



**The story continues...**

That weekend, the governor brought the parole forms down to Frederick's cell.

'I owe you a great deal, Mr Carruthers,' he said. 'Your escape was a blessing in disguise. The events of the last twenty-four hours have taught me a lot. I've come to appreciate just how good my life is. Oh, and by the way, my wife has told me all about the kidney machines and the children in the ward. I think you were very brave. I rang up the Home Office last night and we've fixed up your parole. We're going to give you twelve months off for good behaviour! That means we'll be letting you out on Monday.'

Now, there's just one more thing that we have to sort out. The other prisoners don't know that you escaped. Angus and I hushed the whole thing up. So, if anyone asks you where you've been for the past twenty-four hours, just say that we thought you'd gone down with German measles. We took you up to the hospital wing and called in a doctor, but it turned out that you had a rash, or an allergy or something, which cleared up overnight. You can make up any story you like. But don't let on that you managed to break out. Otherwise Angus and I will be out of a job.'

Frederick began to laugh. 'Your secret is safe with me, Governor,' he said. 'And anyway, if anyone found out that I ran away, I couldn't get parole. So it's in my interests to hush everything up too!'



Dawn broke over Newtown Prison. It was Monday, and Frederick Carruthers was going home. Sir Gerald, Lady Prescott and Angus stood by the front gates to see him off. They shook hands and talked for a few minutes. Then the huge iron gates swung open and Frederick walked out onto the street.

It was a strange feeling to be truly free again – like having a canvas and a brush and not knowing what to paint. But Frederick was looking forward to doing the simple things again – walking the dogs after Sunday lunch, browsing in bookshops, fishing in the canal.

The family were there to meet him. They'd stood by him through all the ups and downs of the past two years. And, now, there was so much to say, so much to do. So much lost time to make up for.



A few days later, a table was reserved at the best Italian restaurant in Newtown. And that night, the Carruthers family, Angus Macpherson and Sir Gerald and Lady Prescott dined out in style.

There was only one topic of conversation – but that's often the way at the best parties. Frederick told the story of the night of his escape – how he had swum across a river, crawled through a field of turnips and jumped on and off trains. Angus described how he'd broken out in a cold sweat when he'd woken up and found out that Frederick had managed to break out and run off. Sir Gerald explained how they'd made up a story that Frederick had gone down with a particularly contagious form of German measles in an attempt to hush up news of the breakout. And Lady Prescott recounted the story of driving into a lay-by and coming across a shabby down-and-out with such a kindly, honest face.

## Practice

- 25**
- |        |          |       |        |           |
|--------|----------|-------|--------|-----------|
| parole | breakout | rash  | trains | Frederick |
| life   | coast    | river | belt   | behaviour |

- 1 The \_\_\_\_\_ is clear. And Mr Macpherson is waiting for you.
- 2 Angus took the keys off his \_\_\_\_\_.
- 3 I've come to appreciate just how good my \_\_\_\_\_ is.
- 4 We're going to give you twelve months off for good \_\_\_\_\_.
- 5 But it turned out that you had a \_\_\_\_\_ or an allergy.
- 6 If anyone found out that I ran away, I couldn't get \_\_\_\_\_.
- 7 Frederick told the story of the night of his escape – how he had swum across a \_\_\_\_\_.
- 8 ...and jumped on and off \_\_\_\_\_.
- 9 Angus had woken up and found out that \_\_\_\_\_ had managed to break out and run off.
- 10 Sir Gerald had tried to hush up news of the \_\_\_\_\_.

- 26**
- |        |      |     |    |    |
|--------|------|-----|----|----|
| across | away | off | of | up |
| out    | out  | out | on | on |

- 1 Angus took the keys \_\_\_\_\_ his belt and unlocked cell 269.
- 2 Don't let \_\_\_\_\_.
- 3 ...that you managed to break \_\_\_\_\_.
- 4 And anyway, if anyone found \_\_\_\_\_ that
- 5 ...I ran \_\_\_\_\_, I couldn't get parole.
- 6 So it's in my interests to hush everything \_\_\_\_\_ too!
- 7 That night, the Carruthers family, Angus Macpherson and Sir Gerald and Lady Prescott dined \_\_\_\_\_ in style.
- 8 Frederick told the story \_\_\_\_\_ the night of his escape –
- 9 ...how he had swum \_\_\_\_\_ a river
- 10 ...and jumped \_\_\_\_\_ and off trains.

## Notes

- 1 *to dress up* = to make yourself look as smart as possible  
You dress up for an interview, meeting, party, etc.
- 2 Note these three common patterns:
  - a *go out and...*
  - b *go out to...*
  - c *go out for...*

'Sir Gerald went out and bought a new pair of rubber washing-up gloves...'  
(Chapter Fourteen)

  - ◆ She went out to get some fruit...
  - ◆ They went out for a meal...

**3** 'I owe you a great deal...'

Notice similar collocations such as...

- ◆ I owe you an apology.
- ◆ I owe you £100.
- ◆ I owe you an explanation.

**4** *Hush!* = Be quiet!

*to hush (something) up* = to keep (something) quiet  
 = to keep (information) secret

**5** In the following sentences, *off* = free.

'Frederick had run across the prison yard, climbed over a wall and run off into the night.' (Chapter Five)

'...the governor would have let you off the last twelve months of your sentence...' (Chapter Thirteen)

'We're going to give you twelve months off for good behaviour!' (Chapter Fourteen)

Note also:

- ◆ We get an hour off for lunch.
- ◆ a day off, a week off, a month off, etc.

**6** 'We...called in a doctor.' (Chapter Fourteen)

You can also call in a plumber, an engineer or an expert.

**7** 'We thought you'd gone down with German measles...' (Chapter Fourteen)

You can also go down with flu, mumps, measles and malaria.

**8** Note the similarity between *to end up* and *to turn out* – phrasal verbs used when the result is surprising, shocking or unexpected.

'How could a good man end up like this?' (Chapter Twelve)

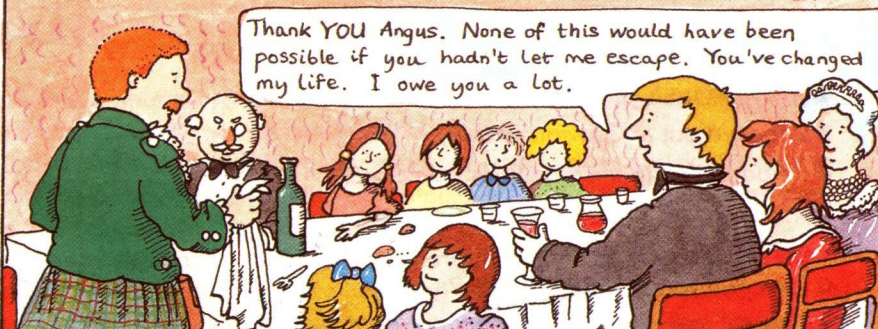
'But it turned out that you had a rash or something...' (Chapter Fourteen)

# CHAPTER FIFTEEN

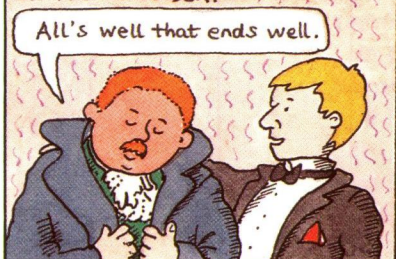
AT 10.30, JUST AFTER THE FOURTH COURSE, BUT SOME TIME BEFORE THE FIFTH, ANGUS LOOKED AT HIS WATCH AND SIGHED.



HE STOOD UP AND SAID GOODBYE TO MRS CARRUTHERS, THE CHILDREN, SIR GERALD AND LADY PRESCOTT. THEN HE TURNED AND THANKED FREDERICK FOR THE MEAL.



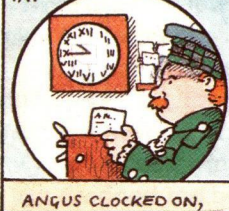
ANGUS BLUSHED A DEEP SHADE OF RED AND LOOKED DOWN AT THE FLOOR. HE DID UP HIS COAT. FREDERICK SMILED AND PATTED HIM ON THE SHOULDER.



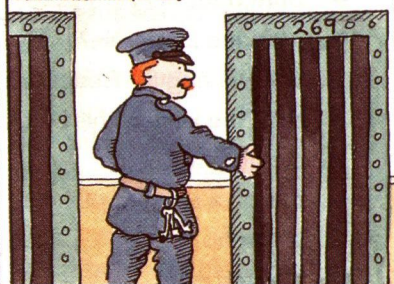
ANGUS LEFT THE RESTAURANT AND WALKED BACK ALONG THE PEACEFUL STREETS OF NEWTOWN.



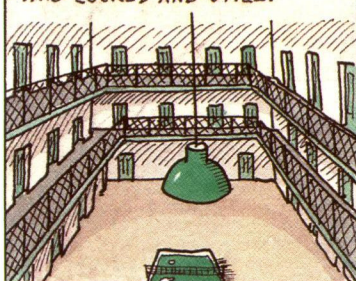
WHEN HE CAME TO THE PRISON GATES HE KNOCKED ON THE FRONT DOOR AND THE NIGHT GUARD LET HIM IN.



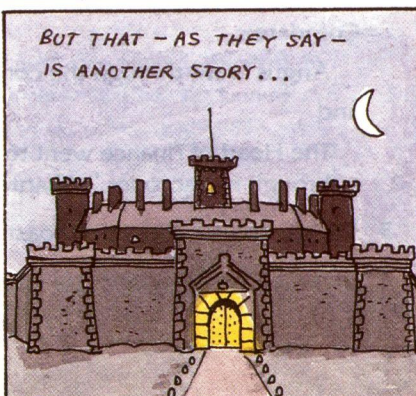
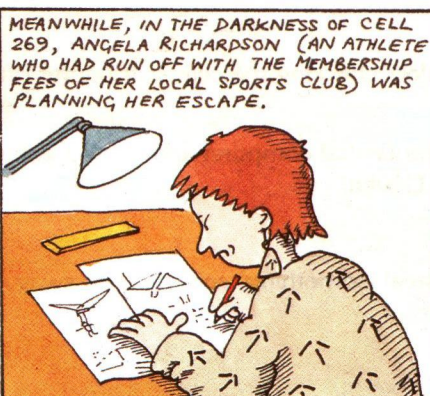
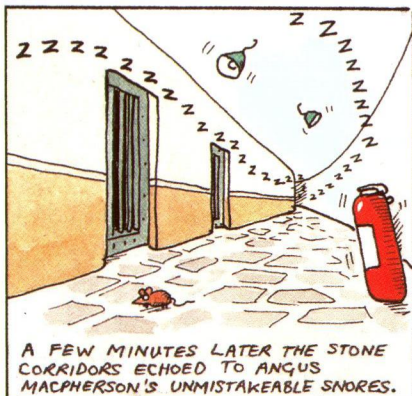
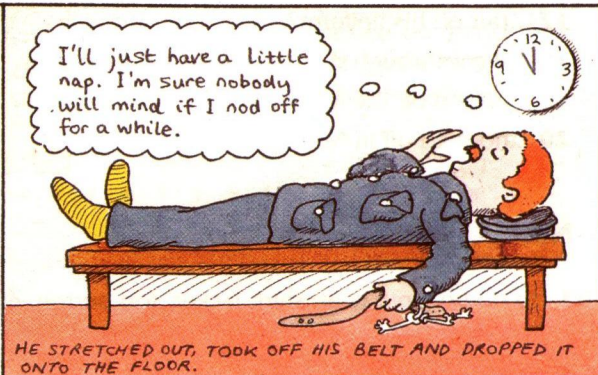
PUT ON HIS UNIFORM, AND THEN WENT THROUGH THE CORRIDORS CHECKING THE CELLS AND TURNING OFF THE LIGHTS.



EVERYTHING WAS IN ORDER. THE PRISONERS HAD SETTLED DOWN FOR THE NIGHT AND THE JAIL WAS LOCKED AND STILL.



ANGUS YAWNED AND SAT DOWN ON A SMALL WOODEN BENCH. HE WAS TIRED. AND NOW - AS THE CLOCK STRUCK 11 - THE FRENCH FRIES, THE WELSH RABBIT MADE WITH BLUE CHEESE, THE SCOTCH EGG, COVERED WITH FRENCH DRESSING, THE STEAK (WELL DONE) AND THE THREE PLATEFULS OF SPAGHETTI BOLOGNESE HE'D ENJOYED AT DINNER WERE PULLING HIM TOWARDS THE DEEPEST OF DEEP SLEEPS.



## 27 Revision Exercise

- 1 ...was falling apart?
- 2 ...looked up a number?
- 3 ...looked out at Crawford Street?
- 4 ...nodded off in the blue Rolls Royce?
- 5 ...looked like a scarecrow in a thunderstorm?
- 6 ...went through Frederick's file?
- 7 ...threw away thirty years of hard work?
- 8 ...showed up the flaws in the bank's security system?
- 9 ...butted in?
- 0 ...was due for parole?
- 1 ...was waiting for Frederick?
- 2 ...took the keys off his belt?
- 3 ...sat down?
- 4 ...put on a spotted pink tie?
- 5 ...stood up?
- 6 ...clocked on?
- 7 ...put on his uniform?
- 8 ...went through the corridors?
- 9 ...turned off the lights?
- 0 ...nodded off in Newtown Prison?

[illegible]

- 1 *to do up* (your coat, shirt, jacket, top button, etc.) is the opposite of *to undo* (your coat, shirt, jacket, top button, etc.)
- 2 *to go through* = to check  
Compare...  
'Angus went through the corridors checking the cells...' (Chapter Fifteen)  
and  
'The Head of Finance went to the central computer and started going through my account.' (Chapter Eleven)
- 3 *Welsh rabbit* = cheese on toast
- 4 *to run off with (something)* = to steal (something) and then run away

# CHAPTER ONE

## Practice

On a cold November evening many years ago, Angus Macpherson (chief guard at the Newtown Prison) yawned and closed his eyes.

Angus had had a long and tiring day and now, as the clock struck eleven, the three platefuls of spaghetti bolognese he'd enjoyed at dinner were pulling him towards the deepest of deep sleeps.

'I'll just have a little nap,' he thought to himself. 'All the cells are locked and everything's quiet. I'm sure nobody will mind if I nod 1 for a while.'

Angus stretched 2 on a wooden bench and tried to relax. But, for some reason, he couldn't get off to sleep. Then he had an idea. 'I know what the trouble is,' he said to himself. 'It's this belt of mine. It's much too tight.'

He rolled 3, took 4 the belt and dropped it 5 the floor.

A few minutes later, the stone corridors echoed to Angus Macpherson's unmistakable snore.

In the darkness of cell 269, Frederick Carruthers (a bank manager who had lent himself £250,000) was planning his escape.

'If I could get the keys 6 Macpherson's belt,' he said to himself, 'I could slip 7 through the side door, run 8 the yard, jump 9 the prison wall and be back home for breakfast. But how do I do it?'

Just then, he caught sight of Angus's belt lying 10 the floor. 'The keys!' Carruthers whispered. 'He's just dropped the belt with the keys. This is too good to be true.'

He tiptoed to the front of his cell and looked 11. There was no one 12. He took a deep breath. And then, softly and slowly, he stretched 13 his hand, picked 14 the belt and lifted it back through the bars...



**Exercise 9 (Revision)**

- 1 Angus
- 2 Angus
- 3 Sir Gerald
- 4 Angus
- 5 Angus (Chapter Two),  
Sir Gerald (Chapter Four)
- 6 Frederick
- 7 Sir Gerald
- 8 Sir Gerald
- 9 Lady Prescott
- 10 Lady Prescott
- 11 Sir Gerald
- 12 Lady Prescott
- 13 Lady Prescott
- 14 Sir Gerald
- 15 Frederick
- 16 Frederick
- 17 Frederick
- 18 Frederick
- 19 Frederick
- 20 Lady Prescott

**Exercise 10**

- 1 window
- 2 tyre
- 3 glass
- 4 jacket
- 5 hand
- 6 cloth
- 7 seat belt
- 8 handbrake
- 9 mirror
- 10 lay-by

**Exercise 11**

- 1 over
- 2 out
- 3 up
- 4 out
- 5 off
- 6 on
- 7 in
- 8 on
- 9 off
- 10 onto

**Exercise 12**

- 1 name
- 2 spine
- 3 reputation
- 4 kitten
- 5 wall
- 6 sounds

- 7 subject
- 8 volcano
- 9 Rolls Royce
- 10 prison

**Exercise 13**

- 1 to
- 2 across
- 3 of
- 4 for
- 5 in
- 6 through
- 7 out
- 8 up
- 9 back
- 10 on

**Exercise 14**

- 1 street
- 2 handbrake
- 3 seat belt
- 4 houses
- 5 childhood
- 6 workaholic
- 7 spine
- 8 love
- 9 mind
- 10 Gerald

**Exercise 15**

- 1 at
- 2 on
- 3 up
- 4 around
- 5 up
- 6 round
- 7 out
- 8 out
- 9 on
- 10 out

**Exercise 16**

- 1 proposing
- 2 key
- 3 back
- 4 phone
- 5 money
- 6 cheek
- 7 penny
- 8 way
- 9 complaints
- 10 husband

**Exercise 17**

- 1 at
- 2 through
- 3 on
- 4 to
- 5 out
- 6 on
- 7 at
- 8 to
- 9 out
- 10 with

**Exercise 18 (Revision)**

- 1 Frederick
- 2 Frederick
- 3 Lady Prescott
- 4 Lady Prescott
- 5 Frederick
- 6 Lady Prescott
- 7 Lady Prescott
- 8 Lady Prescott
- 9 Lady Prescott
- 10 Lady Prescott
- 11 Sir Gerald
- 12 Sir Gerald
- 13 Lady Prescott
- 14 Lady Prescott
- 15 Lady Prescott's father
- 16 Lady Prescott
- 17 Sir Gerald and Lady Prescott
- 18 Lady Prescott's father
- 19 Lady Prescott
- 20 Frederick

**Exercise 19**

- 1 cheque
- 2 payments
- 3 story
- 4 account
- 5 police
- 6 office
- 7 jail
- 8 bank
- 9 hand
- 10 trial

**Exercise 20**

- 1 to
- 2 in
- 3 through
- 4 for
- 5 of
- 6 in

- 7 for
- 8 of
- 9 with
- 10 up

**Exercise 21**

- 1 prison
- 2 diary
- 3 number
- 4 people
- 5 hours
- 6 start
- 7 surprise
- 8 mind
- 9 clothes
- 10 office

**Exercise 22**

- 1 off
- 2 of
- 3 with
- 4 apart
- 5 up
- 6 out
- 7 up
- 8 to
- 9 for
- 10 of

**Exercise 23**

- 1 pencil
- 2 file
- 3 survey
- 4 image
- 5 friend
- 6 profits
- 7 Frederick
- 8 job
- 9 jail
- 10 problem

**Exercise 24**

- 1 through
- 2 out
- 3 out
- 4 as
- 5 off
- 6 to
- 7 out
- 8 up
- 9 out
- 10 on

**Exercise 25**

- 1 coast
- 2 belt
- 3 life
- 4 behaviour
- 5 rash
- 6 parole
- 7 river
- 8 trains
- 9 Frederick
- 10 breakout

**Exercise 26**

- 1 off
- 2 on
- 3 out
- 4 out
- 5 away
- 6 up
- 7 out
- 8 of
- 9 across
- 10 on

**Exercise 27 (Revision)**

- 1 Frederick
- 2 Lady Prescott
- 3 Frederick
- 4 Frederick
- 5 Frederick
- 6 Karen Blackstone
- 7 Frederick
- 8 Frederick
- 9 Lady Prescott
- 10 Frederick
- 11 Angus
- 12 Angus
- 13 Frederick (Chapter Fourteen),  
Angus (Chapter Fifteen)
- 14 Sir Gerald
- 15 Angus
- 16 Angus
- 17 Angus
- 18 Angus
- 19 Angus
- 20 Angus

**Cloze Test****Chapter One**

- 1 off
- 2 out
- 3 over
- 4 off
- 5 onto
- 6 off
- 7 out
- 8 across
- 9 over
- 10 on
- 11 around
- 12 about
- 13 out
- 14 up

**Chapter Two**

- 15 up
- 16 for
- 17 out
- 18 up
- 19 at
- 20 in
- 21 in
- 22 down
- 23 through
- 24 out
- 25 off
- 26 off
- 27 up
- 28 up
- 29 into
- 30 off
- 31 off
- 32 for
- 33 up
- 34 for
- 35 out

**Chapter Three**

- 36 off
- 37 up
- 38 into
- 39 on
- 40 with
- 41 away
- 42 down
- 43 after
- 44 down
- 45 after
- 46 down
- 47 after

- 48 over
- 49 into
- 50 up
- 51 away
- 52 down
- 53 about
- 54 after
- 55 over
- 56 into
- 57 out

**Chapter Four**

- 58 into
- 59 on
- 60 up
- 61 off
- 62 up
- 63 up
- 64 round
- 65 at
- 66 over
- 67 out
- 68 up
- 69 up
- 70 away
- 71 down
- 72 down
- 73 into
- 74 up
- 75 out
- 76 into

**Chapter Five**

- 77 out
- 78 out
- 79 across
- 80 through
- 81 through
- 82 across
- 83 off
- 84 off
- 85 through
- 86 through
- 87 through
- 88 out
- 89 on
- 90 through

**Chapter Six**

- 91 across
- 92 out
- 93 out
- 94 off
- 95 off

- 96 on
- 97 out
- 98 on
- 99 on
- 100 out
- 101 onto

**Chapter Seven**

- 102 on
- 103 across
- 104 out
- 105 of
- 106 down
- 107 of
- 108 into
- 109 into
- 110 up
- 111 back
- 112 in
- 113 from
- 114 on

**Chapter Eight**

- 115 down
- 116 up
- 117 on
- 118 down
- 119 up
- 120 down
- 121 up
- 122 down
- 123 back
- 124 up
- 125 on
- 126 off
- 127 out
- 128 around
- 129 off
- 130 over
- 131 up
- 132 down
- 133 apart
- 134 round
- 135 on
- 136 down
- 137 round
- 138 down
- 139 up
- 140 down
- 141 away
- 142 into
- 143 in
- 144 at
- 145 down

- 146 out  
147 on  
148 to  
149 up  
150 in  
151 out  
152 on  
153 out  
154 up  
155 on  
156 up  
157 up  
158 out  
159 up  
160 through  
161 on  
162 in  
163 out  
164 up  
165 up  
166 off  
167 on  
168 down  
169 up

**Chapter Nine**

- 170 down  
171 down  
172 through  
173 on  
174 on  
175 out  
176 down  
177 off  
178 to  
179 out  
180 in  
181 up  
182 in  
183 on  
184 out  
185 away  
186 away  
187 through  
188 round  
189 out  
190 up  
191 through  
192 up  
193 up  
194 into  
195 on  
196 up  
197 for  
198 on

- 199 out  
200 up

**Chapter Ten**

- 201 at  
202 on  
203 around  
204 up  
205 around  
206 out  
207 in  
208 around  
209 off  
210 up  
211 off  
212 after  
213 through  
214 across  
215 up  
216 out  
217 around  
218 up  
219 up  
220 through  
221 up

**Chapter Eleven**

- 222 at  
223 up  
224 about  
225 up  
226 on  
227 out  
228 up  
229 up  
230 on  
231 through  
232 up  
233 out  
234 up  
235 off  
236 apart  
237 over  
238 off  
239 through  
240 at  
241 up  
242 through  
243 up  
244 up

**Chapter Twelve**

- 245 out  
246 off

- 247 apart  
248 up  
249 up  
250 up  
251 out  
252 up  
253 round  
254 up  
255 through  
256 back  
257 up  
258 up  
259 off  
260 up  
261 out  
262 up  
263 up  
264 off  
265 on  
266 off  
267 up  
268 up  
269 out  
270 off  
271 up  
272 up  
273 up  
274 through  
275 of  
276 up  
277 through  
278 across  
279 up

**Chapter Thirteen**

- 280 up  
281 through  
282 off  
283 on  
284 on  
285 away  
286 up  
287 up  
288 up  
289 on  
290 off  
291 up  
292 out  
293 out  
294 on  
295 out  
296 out  
297 out  
298 out  
299 out

- 300 out  
301 on  
302 off  
303 across

**Chapter Fourteen**

- 304 out  
305 around  
306 out  
307 off  
308 through  
309 up  
310 on  
311 up  
312 up  
313 out  
314 up  
315 out  
316 up  
317 up  
318 out  
319 out  
320 away  
321 up  
322 for  
323 across  
324 through  
325 off  
326 up  
327 out  
328 out  
329 away  
330 up  
331 up  
332 across

**Chapter Fifteen**

- 333 at  
334 up  
335 up

# PHRASAL VERB LIST

<i>ask about</i>	The next morning, I rang up the hospital to ask about the little boy.	10
<i>ask out</i>	One afternoon, he asked me out and we went for a walk in the park.	8
<i>bang on</i>	With his heart pounding, he banged on the door.	2
<i>be about</i>	There were now lots of people about.	12
<i>be back</i>	I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.	1
<i>be in for</i>	I think you are in for a surprise.	12
<i>be off</i>	I've run out of patience. I'm off.	3
<i>be over</i>	When the film was over, we caught the last bus home.	9
<i>be up to</i>	My father seemed happy, but he didn't know what I was really up to.	8
<i>be with</i>	Frederick seemed a bit confused. 'I'm not with you,' he said.	13
<i>bend down</i>	Frederick bent down and ran his hand over the tyre.	6
<i>blow up</i>	She blows up all the time.	4
<i>board up</i>	It's dirty and messy and some of the shops are boarded up.	8
<i>bottle up</i>	You shouldn't just bottle it up inside you.	10
<i>breakdown</i>	If you run away to a run-down area of Birmingham, I'll have a nervous breakdown.	3
<i>break down</i>	The bus broke down and all the passengers had to get off and walk.	9
<i>break off</i>	Lady Prescott broke off and – once again – they walked on in silence.	9
<i>break out into</i>	Frederick broke out into a cold sweat.	12
<i>break out of</i>	He's broken out of his cell and run away.	2
<i>break up</i>	It was half past three and the local school had just broken up for the day.	12
<i>break up</i>	I'm going to break up our marriage and run away to a run-down area of Birmingham.	3
<i>break up with</i>	I said that I'd broken up with Gerald.	8
<i>bring back</i>	Telling the story of the kidney machines had brought back some painful memories.	12
<i>build up</i>	She noticed that I'd been building up large amounts of cash.	11
<i>burst into</i>	Sir Gerald took a handkerchief out of his pocket, blew his nose and, not for the first time, burst into tears.	4
<i>bust-up</i>	After my bust-up with Sir Gerald, I just needed someone to talk to.	10
<i>butt in</i>	Lady Prescott leaned forward. 'If I could just butt in here,' she said.	13
<i>call in</i>	We took you up to the hospital wing and called in a doctor.	14

<i>call into</i>	One afternoon, I called my secretary into the office.	10
<i>calm down</i>	'Now calm down,' Sir Gerald said. 'And go through the whole story very slowly right from the start.'	2
<i>care about</i>	Money! Money! Money! That's all you care about.	3
<i>carry away</i>	Lady Prescott was getting carried away and there was just no stopping her now.	7
<i>carry out</i>	We carried out a survey.	13
<i>catch up with</i>	The last twenty-four hours were beginning to catch up with him.	12
<i>check up on</i>	Nobody checked up on what I was doing.	10
<i>cheer up</i>	Oh, and do cheer up, Mr Carruthers. You mustn't worry so much.	12
<i>clear out</i>	I'll clear out the cupboards and take you out at the weekends.	4
<i>clear up</i>	It turned out that you had a rash, or an allergy or something, which cleared up overnight.	14
<i>climb up</i>	Frederick...climbed up a hill.	5
<i>climb over</i>	He had climbed over a couple of gates.	5
<i>clock on</i>	Angus clocked on, put on his uniform and then went through the corridors, checking the cells and turning off the lights.	15
<i>come across</i>	I'm sure I've come across it somewhere before.	7
<i>come along</i>	'Come along, Mr Carruthers!' Lady Prescott said. 'Wake up. We're nearly there.'	12
<i>come back</i>	Whenever I feel down, I come back here.	8
<i>come in</i>	'Come in,' he shouted. 'The door's open.'	2
<i>come in</i>	And this is where you come in, Mr Carruthers.	13
<i>come out</i>	'You can come out now, Mr Carruthers,' she whispered. 'The coast is clear.'	14
<i>come out</i>	He did manage a few incoherent grunts, but none of the sounds came out right.	7
<i>come out from</i>	Angus came out from behind a large, grey dustbin and waved.	14
<i>come round</i>	Whenever there's an election, the politicians come round and knock on the door.	8
<i>come to</i>	When he came to the prison gates, he knocked on the front door and the night guard let him in.	15
<i>come to</i>	I trust you've come to your senses.	11
<i>come up with</i>	Then – all of a sudden – I came up with an idea.	10
<i>come upon</i>	They came upon a postman riding a bicycle.	9
<i>crash onto</i>	They crashed noisily onto the floor and rolled under my bed.	11
<i>crawl through</i>	Frederick...crawled through a field full of turnips.	5
<i>cry out</i>	His stomach was crying out for food and his throat felt like sandpaper.	5

<i>dawn on</i>	Gradually, shockingly, horrifyingly, the awful truth dawned on him.	2
<i>dine out</i>	And that night, the Carruthers family, Angus Macpherson and Sir Gerald and Lady Prescott dined out in style.	14
<i>dive into</i>	Frederick had dived into a stream and swum across to the opposite bank.	5
<i>do up</i>	'All's well that ends well,' he said, doing up his coat.	15
<i>do up</i>	They've done up some of the houses, but most of the properties are falling down or falling apart.	8
<i>down-and-out</i>	You were standing around with your hands in your pockets looking like a down-and-out.	10
<i>drag back</i>	Lady Prescott turned round and dragged him back inside.	12
<i>draw up</i>	The blue Rolls Royce slowed down and they drew up in front of a row of shabby, terraced houses.	8
<i>dress up</i>	Sir Gerald...had obviously dressed up for the occasion, combing his hair, polishing his shoes and putting on the spotted pink tie that Lady Prescott had given him on their silver wedding anniversary.	14
<i>drift around</i>	It is strange that I was drifting around with nowhere to go.	10
<i>drink up</i>	Frederick drank up his coffee, ate up his cheeseburger, finished off his French fries and then stood up.	12
<i>drive down to</i>	One day I drove down to the hospital to pick my mother up after work.	10
<i>drive into</i>	When I drove into that lay-by, you were standing around with your hands in your pockets.	10
<i>drop off</i>	I'm going to Birmingham. Perhaps I can drop you off somewhere along the way.	6
<i>drop onto</i>	He rolled over, took off the belt and dropped it onto the floor.	1
<i>eat up</i>	Frederick drank up his coffee, ate up his cheeseburger, finished off his French fries and then stood up.	12
<i>echo to</i>	A few minutes later, the stone corridors echoed to Angus Macpherson's unmistakable snore.	1
<i>end up</i>	He ended up standing outside a cafe in a lay-by near Junction 34 of the M1 motorway.	5
<i>explain away</i>	I made up some new story to explain the cheques away.	11
<i>fall apart</i>	They've done up some of the houses, but most of the properties are falling down or falling apart.	8
<i>fall down</i>	They've done up some of the houses, but most of the properties are falling down or falling apart.	8
<i>fall out</i>	The man from the bank gaped at me and his false teeth fell out.	11
<i>fall for</i>	She fell for it every time.	11
<i>feel down</i>	Whenever I feel down, I come back here.	8
<i>find out</i>	When my father found out what was going on, he went crazy.	8

<i>finish off</i>	Frederick drank up his coffee, ate up his cheeseburger, finished off his French fries and then stood up.	12
<i>fit in with</i>	The stains on his shirt and his crumpled prison trousers didn't quite fit in with the thick-pile carpet and the soft leather chairs.	12
<i>fix up</i>	When we were in the take-away, I rang up your Head Office and fixed up an appointment with Karen Blackstone.	12
<i>fold up</i>	I took a deep breath, folded up the cheque and put it into my pocket.	11
<i>get away with</i>	Could I get away with it?	11
<i>get back to</i>	I'll be glad when this whole thing is over and I can get back to my old routine.	14
<i>get carried away</i>	And I suppose I got a bit carried away.	11
<i>get down to</i>	'Right, let's get down to business,' she said.	13
<i>get in</i>	The woman got in, put on her seat belt and looked in the rear-view mirror.	6
<i>get in</i>	That night, he'd decided to stay up until I got in.	9
<i>get into</i>	'That's very kind of you,' he said, wiping his hands on a cloth and getting into the car.	6
<i>get into</i>	I don't know what's got into her lately.	4
<i>get into</i>	How did I get into this mess?	5
<i>get off</i>	...the other passengers were getting off the train.	5
<i>get off</i>	If I could get the keys off Macpherson's belt...	1
<i>get off to sleep</i>	But, for some reason, he couldn't get off to sleep.	1
<i>get on</i>	We got on really well and I started seeing him all the time.	8
<i>get out of</i>	How do I get out of this mess?	5
<i>get out of</i>	I might have got out of going to prison, but what would have happened to the children?	12
<i>get out of</i>	Lady Prescott got out of the car and looked around.	14
<i>get round to</i>	But when the votes are counted, they never seem to get round to it.	8
<i>give away</i>	...it wouldn't do us any harm to give away some of those profits to worthy causes in the community.	13
<i>give in</i>	He thought I was going to give in without a fight.	11
<i>give up</i>	I'll give up smoking and wash up after dinner.	4
<i>give up</i>	I knew that I couldn't give Gerald up.	8
<i>go after</i>	'Shall I go after her?' Angus asked, from somewhere behind the armchair.	4
<i>go ahead</i>	And so the trial went ahead.	11
<i>go away</i>	If you went away, I'd go to pieces.	4
<i>go back on</i>	I'm not going back on my word.	11
<i>go down with</i>	We thought you'd gone down with German measles.	14
<i>go for</i>	He asked me out and we went for a walk in the park.	8
<i>go in</i>	One day, I went in to get some chips.	8
<i>go into</i>	One morning, I didn't go into work.	11

<i>go on</i>	Or should I defy my parents and go on seeing him?	8
<i>go on</i>	She went on like a dragon breathing fire.	7
<i>go on</i>	When my father found out what was going on, he went crazy.	8
<i>go on</i>	'Go on,' Lady Prescott said gently.	10
<i>go on</i>	And so it went on.	11
<i>go out</i>	I went out in rather a hurry last night.	9
<i>go out of</i>	You've gone out of your way to help me.	9
<i>go out to</i>	Then one night, we went out to the cinema.	9
<i>go out with</i>	He didn't want his only daughter going out with someone who cooked hamburgers in a take-away.	8
<i>go over</i>	I went over it again and again.	11
<i>go round to</i>	I went straight round to Gerald's flat and we decided to run away.	9
<i>go through</i>	'Now calm down,' Sir Gerald said. 'And go through the whole story very slowly right from the start.'	2
<i>go through</i>	For the next few months, we went through a really bad patch.	9
<i>go through</i>	They went through my account.	11
<i>go through</i>	Angus clocked on, put on his uniform and then went through the corridors, checking the cells and turning off the lights.	15
<i>go through</i>	I cried for two or three days and went through ten packets of tissues.	8
<i>go through with</i>	I've decided to go through with the trial.	11
<i>go to</i>	I went to the hospital to pick my mother up after work.	10
<i>grow up</i>	And this little run-down street on the edge of the city is where I grew up.	8
<i>hand back</i>	I bent down, picked them up and handed them back to him.	11
<i>hand to</i>	Angus took a handkerchief out of his pocket and handed it to Sir Gerald.	2
<i>hang up</i>	Frederick took off his jacket and hung it up on one of the wing mirrors.	6
<i>hard up</i>	He was so hard up that he'd use the same tea bag for a week.	9
<i>have on</i>	I'm afraid I don't have any money on me.	9
<i>head for</i>	But this was no dream. And their car was heading straight for the main entrance.	12
<i>hear of</i>	Perhaps you've heard of him. His name is Sir Gerald Prescott.	7
<i>hold out</i>	Frederick nodded, smiled and held out his hand.	6
<i>hold up</i>	His trousers were held up with string.	9
<i>hold up</i>	Then he pulled a large piece of glass out of the tyre and held it up.	6
<i>hunt down</i>	And we will hunt you down until we get every penny of our money back.	11

<i>hush up</i>	Angus and I hushed the whole thing up.	14
<i>jack up</i>	Frederick took off his jacket, jacked up the car, took off the flat tyre and put on the spare wheel.	6
<i>jump off</i>	Frederick jumped off as the train pulled into a station.	5
<i>jump onto</i>	Frederick jumped onto a train that was slowing down in front of a set of signals.	5
<i>jump over</i>	I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.	1
<i>keep on</i>	Gerald kept on proposing and I kept on saying 'no'.	9
<i>kneel down</i>	'You can't do this to me,' the prison governor shouted, kneeling down and bursting into tears.	4
<i>knock down</i>	I'd be a bit sad if they knocked everything down and put up one of those ugly tower blocks.	8
<i>knock on</i>	When he came to the prison, he knocked on the front door and the night guard let him in.	15
<i>knock over</i>	Lady Prescott turned round, threw an ashtray at Sir Gerald, knocked over a chair and stormed out of the room.	4
<i>know about</i>	Do you know anything about cars?	6
<i>know of</i>	I know of him... He has quite a reputation in my field.	7
<i>lay-by</i>	He ended up standing outside a café in a lay-by near Junction 34 of the M1 motorway.	5
<i>lean across</i>	The driver wound down her window and leaned across.	6
<i>let down</i>	I can't let the children down.	11
<i>let in</i>	When he came to the prison, he knocked on the front door and the night guard let him in.	15
<i>let on</i>	...but just don't let on that you managed to break out.	14
<i>let off</i>	They might even have let you off.	12
<i>let out</i>	Stop the car right now. Let me out!	12
<i>let through</i>	I'm a train engineer. Let me through.	5
<i>lie against</i>	He had to lie against pillows all day long.	10
<i>look across</i>	I looked across and saw a little boy.	10
<i>look after</i>	She looks after sick children.	10
<i>look around</i>	Lady Prescott got out of the car and looked around.	14
<i>look at</i>	I looked at the cheque. My head was spinning.	11
<i>look back</i>	I suppose that now – looking back – I can appreciate what my parents were going through.	9
<i>look down</i>	Angus blushed a deep shade of red and looked down at the floor.	15
<i>look for</i>	Angus stood up and looked for his belt.	2
<i>look in</i>	The woman got in, put on her seat belt and looked in the rear-view mirror.	6
<i>look on as</i>	I want people to look on us as a friend, not an enemy.	13
<i>look out of</i>	Frederick looked out of the window and waved his hand in a rather vague way.	7
<i>look through</i>	Frederick looked through the windows of the café.	5

<i>look up</i>	Frederick looked up. 'You're right, of course,' he said, breaking the silence.	10
<i>look up</i>	She took a yellow diary out of the bag and looked up a number.	12
<i>make out</i>	I can't understand women, Angus. I just can't make them out.	4
<i>make up your mind</i>	She's made up her mind to run away to a run-down area of Birmingham and there's nothing we can do.	4
<i>make up</i>	I made up some story or other to explain where I'd been.	8
<i>make up</i>	I made it up with my parents.	9
<i>make up for</i>	Give me one last chance. I'll make up for it.	4
<i>move off</i>	The blue Rolls Royce moved off and headed for Newtown.	13
<i>move on to</i>	Frederick wanted to move on to another topic like the weather or the price of cauliflowers.	7
<i>nod off</i>	I'm sure nobody will mind if I nod off for a while.	1
<i>open up</i>	He walked to the back of the car and opened up the boot.	6
<i>pass through</i>	I was a bank manager and a lot of money passed through my hands.	10
<i>pay back</i>	Paying for lunch will be my way of paying you back for all your kindness.	9
<i>pay for</i>	Paying for lunch will be my way of paying you back for all your kindness.	9
<i>pay off</i>	After two years in jail, you've paid off your debt.	12
<i>pick up</i>	He stretched out his hand, picked up the belt and lifted it back through the bars.	1
<i>pick up</i>	I went to the hospital to pick my mother up after work.	10
<i>pick up</i>	Frederick took a deep breath and picked up the story again.	10
<i>pick up</i>	You must have picked it up along the way.	6
<i>plug in</i>	I unwrapped the machines, plugged them in and switched them on.	11
<i>pop in</i>	Why don't we pop in here and have a late lunch?	9
<i>pull down</i>	They promise to pull down the terraced housing and build some new flats.	8
<i>pull in</i>	Lady Prescott pulled in and stopped the car.	13
<i>pull into</i>	Frederick jumped off as the train pulled into a station.	5
<i>pull into</i>	...a blue Rolls Royce pulled into the lay-by and glided to a halt.	5
<i>pull out</i>	Then he pulled a large piece of glass out of the tyre and held it up.	6
<i>pull out</i>	She pulled gently out of the lay-by.	6
<i>pull up</i>	The blue Rolls Royce slowed down and they pulled up in front of a shabby terraced house.	8
<i>pump up</i>	Frederick put on the spare wheel and pumped it up a little.	6
<i>put away</i>	Put the letter away. I've got no intention of signing it.	11

<i>put back</i>	'No,' Sir Gerald replied softly, picking up the ashtray and putting it back on the table.	4
<i>put down</i>	When I put down the phone, I felt terribly disturbed.	10
<i>put down</i>	...the driver put her foot down and the blue Rolls Royce roared on.	7
<i>put into</i>	The woman took off the handbrake, looked in the rear-view mirror and put the car into first gear.	6
<i>put into</i>	'Try the beginning,' said Lady Prescott, putting a straw into her milkshake.	10
<i>put off</i>	To put it bluntly, our image puts people off.	13
<i>put on</i>	'That's it,' Lady Prescott said, putting on her coat. 'I've had enough of all this nonsense.'	3
<i>put on</i>	...put on her seat belt...	6
<i>put on</i>	...put on the spare wheel...	6
<i>put on</i>	Lady Prescott put on the handbrake, took off her seat belt and stepped out of the car.	8
<i>put on</i>	I've been working too hard and putting on weight.	4
<i>put on</i>	I put on a really good show.	8
<i>put up</i>	I'd be a bit sad if they...put up one of those ugly tower blocks.	8
<i>put up with</i>	I hate to see a grown man cry and I'm not going to put up with it any longer.	3
<i>rabbit on</i>	I've been rabbiting on about my problems for over an hour now.	10
<i>ride across</i>	And as he rode across the cobblestones, he seemed to be nodding his head and shaking his head at the same time.	9
<i>ring up</i>	The next morning, I rang up the hospital to ask about the little boy.	10
<i>rip off</i>	You can't rip the bank off and expect to get away with it.	11
<i>roar onto</i>	She pulled gently out of the lay-by and then – with a sudden burst of speed – roared onto the M1 motorway like a bullet from a gun.	6
<i>roll down</i>	Frederick...rolled down a hill.	5
<i>roll over</i>	He rolled over, took off the belt and dropped it onto the floor.	1
<i>run across</i>	I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.	1
<i>run after</i>	If you run away, I'll run after you.	3
<i>run away</i>	I'm going to break up our marriage and run away to a run-down area of Birmingham.	3
<i>run-down</i>	She's made up her mind to run off to a run-down area of Birmingham and there's nothing we can do.	4
<i>run down</i>	He smiled at me and I felt a cold shiver run down my spine.	8
<i>run down</i>	Frederick had...run down the corridor to avoid the ticket collector.	5

<i>run into</i>	The bank has run into some problems.	13
<i>run into</i>	If you run away to a run-down area and I run after you and you run over me in our car, you might then run into a tree and the cost of repairing the damage might run into hundreds of pounds.	3
<i>run off</i>	She's made up her mind to run off to a run-down area of Birmingham and there's nothing we can do.	4
<i>run out of</i>	I've run out of patience. I'm off.	3
<i>run over</i>	Frederick bent down and ran his hand over the tyre.	6
<i>run over</i>	If you run away to a run-down area and I run after you and you run over me in our car, you might then run into a tree...	3
<i>run through</i>	These were the thoughts running through Frederick Carruthers' troubled mind as a blue Rolls Royce pulled into the lay-by and glided to a halt.	5
<i>run up</i>	Angus ran up the steps to the prison governor's office.	2
<i>rush down</i>	Angus...rushed down the corridor.	2
<i>rush in</i>	Angus rushed in, his red face covered with sweat.	2
<i>save up</i>	By that summer, I'd managed to save up a quarter of a million pounds.	11
<i>see as</i>	The public sees us as selfish, ruthless and greedy.	13
<i>see off</i>	Sir Gerald, Lady Prescott and Angus stood by the front gate to see him off.	14
<i>send back</i>	Just tell them to send the machines back.	11
<i>serve out</i>	It suddenly dawned on Frederick that he couldn't take up a new job until he'd served out his term in jail.	13
<i>set off</i>	Lady Prescott locked the car and they set off across the market square.	8
<i>set up</i>	This is the Head Office of the bank. You've set me up, haven't you?	12
<i>set up</i>	I'd like you to come back to the bank and set the whole thing up.	13
<i>settle down</i>	I told him I was just too young to settle down.	9
<i>settle down</i>	The prisoners had settled down for the night and the jail was locked and still.	15
<i>show around</i>	And now, Mr Carruthers, I'm going for a walk. Would you like me to show you around?	8
<i>show up</i>	I showed up the flaws in your security system.	13
<i>sit at</i>	Sir Gerald was sitting at his desk reading <i>The Times</i> .	2
<i>sit back</i>	Frederick sat back and watched the volcano erupt.	7
<i>sit down</i>	Angus sat down and took a deep breath.	2
<i>sit in</i>	Frederick was sitting in a Rolls Royce driven by the wife of the governor of the prison he had just escaped from.	7
<i>sit up</i>	He was so ill that he couldn't sit up in bed properly.	10
<i>slam down</i>	He lost his temper and slammed down the phone.	9
<i>slip out</i>	I could slip out through the side door, run across the yard, jump over the prison wall and be back home for breakfast.	1

<i>slip through</i>	Frederick slipped through the ticket barrier by showing his prison identification badge.	5
<i>slow down</i>	Frederick jumped onto a train that was slowing down in front of a set of signals.	5
<i>sort out</i>	There's just one more thing that we have to sort out.	14
<i>split up</i>	Should I obey my father and split up with the person I loved?	8
<i>speed on</i>	The blue Rolls Royce sped on towards Birmingham.	7
<i>stand around</i>	When I drove into that lay-by, you were standing around with your hands in your pockets.	10
<i>stand by</i>	I couldn't stand by and do nothing.	10
<i>stand by</i>	They'd stood by him through all the ups and downs of the past two years.	14
<i>stand up</i>	Angus stood up and looked for his belt.	2
<i>stay in</i>	If you'd stayed in instead of breaking out, the governor would have...let you out one year early!	13
<i>stay up</i>	He normally went to bed at about eleven, but that night he had decided to stay up until I got in.	9
<i>step back</i>	Then he pushed open the door and stepped back.	14
<i>step out of</i>	Lady Prescott put on the handbrake, took off her seat belt and stepped out of the car.	8
<i>stretch out</i>	Angus stretched out on a wooden bench and tried to relax.	1
<i>storm out of</i>	Lady Prescott turned round, threw an ashtray at Sir Gerald, knocked over a chair and stormed out of the room.	4
<i>swim across</i>	Frederick had...swum across to the opposite bank.	5
<i>switch on</i>	...plugged them in and switched them on...	11
<i>take-away</i>	He'd taken a part-time job at a take-away restaurant called The Birmingham Big Burger Bar.	8
<i>take in</i>	My parents were completely taken in.	8
<i>take off</i>	He rolled over, took off the belt and dropped it onto the floor.	1
<i>take off</i>	I'll take up jogging and take off weight.	4
<i>take on</i>	The bank would never dream of taking me on again.	12
<i>take out</i>	I'll clear out the cupboards and take you out at weekends.	4
<i>take out</i>	Sir Gerald took a handkerchief out of his pocket, blew his nose and, not for the first time, burst into tears.	4
<i>take up</i>	I'll take up jogging and take off weight.	4
<i>take up</i>	And if I was to take up this new challenge...	13
<i>talk to</i>	I needed someone to talk to.	10
<i>tear down</i>	I don't want them tearing down my childhood.	8
<i>tear up</i>	'But that's terrible,' the prison governor screamed, tearing up his <i>Times</i> and bursting into tears.	2
<i>think over</i>	We're going to give you twenty-four hours to think it over.	11
<i>think through</i>	He had to give me more time to think things through.	9

<i>throw at</i>	Lady Prescott turned round, threw an ashtray at Sir Gerald, knocked over a chair and stormed out of the room.	4
<i>throw away</i>	Should I just tear up the cheque and throw it away?	11
<i>tip off</i>	She tipped off the police, and when I turned up for work the next morning, there were three detectives waiting in my office.	11
<i>tire out</i>	I'm tired out and very worked up about my husband.	9
<i>turn round</i>	Lady Prescott turned round, threw an ashtray at Sir Gerald, knocked over a chair and stormed out of the room.	4
<i>turn down</i>	I felt very flattered, but at first I always turned him down.	9
<i>turn down</i>	...as they turned down a narrow side street, Lady Prescott picked up the story again.	8
<i>turn in</i>	If she found out that he was a convict on the run, perhaps she would turn him in.	10
<i>turn into</i>	...as they turned into the main road...	9
<i>turn into</i>	It's only recently that he's turned into a workaholic who eats, drinks and sleeps prisons.	8
<i>turn out</i>	...but it turned out that you had a rash, or an allergy or something, which cleared up overnight.	14
<i>turn off*</i>	Angus clocked on, put on his uniform and then went through the corridors checking the cells and turning off the lights.	15
<i>turn out*</i>	... Angus had turned out the light in his cell.	5
<i>turn up</i>	When I turned up for work the next morning, there were three detectives waiting in my office.	11
<i>wade through</i>	Frederick had...waded through a swamp...	5
<i>wait for</i>	My father was waiting for me in the hall.	9
<i>wake up</i>	Frederick woke up with a start.	12
<i>walk around</i>	Then the children would be able to get out of bed and walk around the ward.	10
<i>walk into</i>	I walked into the hospital and wrote out a cheque for £250,000.	11
<i>walk into</i>	Was I walking into a trap?	12
<i>walk on</i>	They walked on in silence.	9
<i>walk out of</i>	I'm going to walk out of that door and you'll never see me again.	3
<i>walk out on</i>	You can't walk out on me like this.	4
<i>walk over to</i>	Lady Prescott walked over to the pay-phone in the corner of the room.	12
<i>walk through</i>	As I was walking through one of the wards, I could hear a child crying very softly.	10
<i>wander around</i>	Why were you wandering around near the motorway with no money in your pocket and those very strange clothes?	10

\* In these two sentences, *turn out* and *turn off* have the same meaning.

<i>warm to</i>	Lady Prescott's voice grew louder as she warmed to her subject.	7
<i>wash up</i>	I'll give up smoking and wash up after dinner.	4
<i>wave through</i>	The guard saluted, pressed a button and waved the car through.	14
<i>wind down</i>	The driver wound down her window and leaned across.	6
<i>work out</i>	When Angus had at last worked out what had happened, he rushed down the corridor and ran up the steps to the prison governor's office.	2
<i>wrap up in</i>	I've been so wrapped up in my work that I've started to take you for granted.	4